



UCT EDUCARE CENTRE

3-12 MONTHS REQUIREMENTS LIST



- 7 x disposables;
- 2 x cot size sheets (to fit standard cot: 66 x 130 cm);
- 2 x blankets (1 for summer and 1 for winter: these will be sent home for washing);
- Suntan lotion (SPF 20 or higher) and a cap/hat clearly marked;
- Teething powder, wet wipes and buttocks cream / powder of your choice. These items will be kept in your child's locker. Please replenish when depleted.
- Buttocks cream/powder of your choice;
- A dummy/pacifier if your child uses one;
- 1 x boxes of 200 tissues per term
- 1 x boxes of 100 powder-free medium latex gloves per term(to be used with every nappy change);
- Wet wipes to be replenished when depleted;
- 1 spare sterilized bottle to be kept at the Centre;
- A plastic packet in the bag daily for soiled clothes;
- Copy of Road to Health booklet;
- 1 x flip file (30 pages) for portfolio;
- 4 x ID size photos;
- Routine of baby to be written up and placed in flip file;
- R300.00** fundraising levy (once-off payment).

Please keep us informed of the following:

- Your child's diet and feed formula;
- Any specific exclusions from your child's diet (specify if due to sensitivities, allergies or personal preference);
- Of any changes in your child's routine;

*These will help us to attend best to his/her individual needs

When you suspect that your child is teething or experiencing any discomfort or if your child is sick, please inform the class teacher as soon as possible.

It would be helpful if you could comply with the following:

- Please provide all food and drink requirements for your child ready for consumption, except for those needing to be heated;
- Please ensure that all bottle caps, container lids and containers are clearly marked with your child's name.**
- Please provide sealed containers and bottles with caps to prevent cross-contamination;
- When your baby is teething, please supply some hard chewables e.g. rusks or rice cakes.

Thank you