

2018

SHAWCO Update



SHAWCO - University of Cape Town
2/27/2018

Organisational Details

• Date established:	July 1943
• Organisation name:	SHAWCO – Students’ Health and Welfare Centres Organisation
• Phone number:	021-406 6746
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• Email:	info@shawco.org
• Physical address:	Braemar Cottage UCT – Faculty of Health Sciences Anzio Road Observatory 7925
• Postal address:	Same
• SHAWCO Overview	<p>SHAWCO is a non-profit, public benefit organisation that aims to create a supportive space for experiential learning and teaching, addressing inequality through innovative and sustainable approaches to community engagement.</p> <p>The SHAWCO Health and Education Programmes are administered by approximately 2,000 UCT students. The community partnership and social entrepreneurship programmes, that address inequality, are implemented by 32 full-time and 5 part-time professional staff. Operating in the Western Cape and the Eastern Cape, the SHAWCO Health programme delivers primary healthcare to 5,000 adults and children (annually) close to their homes, with fully equipped mobile clinics.</p> <p>SHAWCO Education provides academic support and homework assistance to 1,300 learners weekly with structured education projects aimed to enhance resilience, efficacy and tenacity to help with problem solving and endurance to improve the academic ability of learners.</p>
• NPO number:	002-830
• Public Benefit Registration:	930012605
• Banking details:	Bank: Standard Bank of South Africa Account Name: SHAWCO Account Number: 072-713-305 Type account: Business Cheque Account Branch code: 025-009 Branch name: Rondebosch Swift code: SBZAJJ

SHAWCO...working together towards informed, healthy and thriving communities.

SHAWCO is one of the oldest community development organisations in the Cape Town metropolitan area. SHAWCO was co-founded in July 1943 by then medical student, Dr. Andrew Kinnear, and Dr. Golda Selzer (already an accomplished physician at the time). The two had a vision of bringing services to the impoverished communities of the Cape Flats and over the course of its history, SHAWCO opened Community Contact Centres in Kensington, Khayelitsha, Manenberg, Retreat, Elsies River and Nyanga.

SHAWCO's mission is to practice and promote responsible citizenship in the South African context through Health, Education and Social Entrepreneurship initiatives. We create a supportive space for experiential learning and teaching, addressing inequality through innovative and sustainable approaches to community engagement.

Student Volunteerism

SHAWCO serves as a vehicle to foster in student volunteers the acquisition of the civic literacy, knowledge and skills necessary to build a more just, equitable and unified South African society. Year-on-year SHAWCO provides the space for approximately 2,000 student volunteers from the University of Cape Town, as well as international students, to provide primary healthcare services, education, and to engage in experiential learning and service-learning.



SHAWCO Health: Since 1943, SHAWCO has developed a reputation for delivering quality primary health care in under-resourced communities. The *free* clinics run by SHAWCO rely on volunteer medical and allied health science students in all years of study and qualified doctors.

What happens on the clinics?

During clinics, around 25 patients are seen by medical students under the supervision of a qualified volunteer doctor who oversees the proceedings, verifies diagnoses and provides advice. Clinical year students are responsible for clerking, examination and treatment of the patients, while also guiding and teaching pre-clinical students who observe and examine patients under guidance.

Services offered

SHAWCO provides a primary health care service, treating conditions such as diarrhoea, respiratory tract infections, sexually transmitted infections, muscular-skeletal ailments and other non-specialty disease. The clinics provide holistic management, which includes care provided by



physiotherapy, occupational therapy, speech therapy, dietetics and audiology students who have great dedication to helping provide an appropriate service to the community. The pharmacy offers **free** medication to patients attending the clinics. Students work very closely with community health workers within the community. These community health workers contribute to decisions made concerning the various clinics and help educate patients around specific health issues. When confronted with a patient requiring a higher level of care or a patient for whom facilities to treat are not available, the patient is referred to the local day hospital or secondary hospital.

SHAWCO Education: This programme offers a structured curriculum to learners in communities where SHAWCO operates.

Many youth experience a broken journey through school, interrupted by irregular attendance, absent teachers, teenage pregnancy and school-related abuse and violence. This often results in poor school leaving qualifications or early school dropout.

Academic support, play and life coping skills

To address this, SHAWCO Education provides academic support and homework assistance, whilst also



enhancing resilience, efficacy and tenacity to learners with problem solving and endurance. There are a total of 13 education projects that run in the afternoons and on Saturdays, which aim to impact the academic ability of learners, to increase access to tertiary education, as well as offer additional interventions such as arts, sports, entrepreneurship, life skills and career guidance. Projects for younger learners are about learning and play whilst the older learners have a strong focus on academics and teen

challenges, and include career guidance to broaden each learners' awareness of further learning and work opportunities.

LAWCO

Legal Welfare Community Organisation (LAWCO) is a division of SHAWCO Education and provides high school learners at schools in the Cape Town Metropole with basic legal education. LAWCO partners law students from the University of Cape Town (UCT) with approximately 120 participants at four schools, two in Khayelitsha and two in Mitchell's Plain. The programme also provides law students with an opportunity to share their legal knowledge while developing leadership and mentorship skills. The project aims to help learners to become "legal-wise" by educating them in basic legal skills and human rights.

"I love SHAWCO because it taught me a lot and I am grateful for that. One day I will become a great person that does good things. I will be a good example in life because of SHAWCO. SHAWCO is a name I trust in my life. I will never forget S-H-A-W-C-O in my whole life. Thank you so much." Thandokazi Chubeka, SHAWCO learner

SHAWCO SHINE Programme:

This is a social entrepreneurship initiative which provides learners with quality tuition in small intimate classes. Every Saturday, learners from grades 10 - 12 attend classes at UCT administered by educators who specialise in Mathematics, Accounting, Physical Science, English Home Language and Life Sciences. Educators go through a thorough vetting process and are continuously evaluated and monitored on performance to ensure that registered learners receive the best tuition. In addition to subject classes, learners are also exposed to career workshops and life skills, and write the National Benchmark Test at UCT for free.



Ilyas Abrahams, a former Groote Schuur High School pupil, credits the SHAWCO SHINE project for his academic success: “Before SHAWCO I kept my goals for my studies pretty low (realistic for me at the time) but now I even got accepted into medicine at UCT! I could say without a doubt that the programme has helped me tremendously. I went from a 77% average in grade 10 to an 86% average in my final exam with six subject distinctions.”

To find out how to register your child contact Neil De Wet on 021-650 4694 or email: neil.dewet@uct.ac.za

DID YOU KNOW?

- SHAWCO stands for: **Students’ Health and Welfare Centres Organisation**
- Mrs. **Graça Machel** is the Honorary Life Chair of SHAWCO.
- Mr. **Trevor Manual** attended the Union of Jewish Women Crèche at SHAWCO Kensington Centre.
- SHAWCO celebrates its **75th Anniversary in 2018**.
- Dr **Hassen Adams**, Chairman of Grand Parade Investments, spent much of his youth at SHAWCO Kensington Centre.
- SHAWCO is the University of Cape Town’s – **UCT’s oldest social responsiveness arm**.
- **Robert F. Kennedy** visited SHAWCO in June 1966
- SHAWCO is one of the **largest student volunteer organisations on the African continent**.

SHAWCO Services

SHAWCO Transport Company: SHAWCO has a fleet of 13 vehicles and we hire out buses and smaller vehicles (14, 22 and 32 seaters). Contact Cheryl Patel on 021-404 7709 or email: cheryl.patel@uct.ac.za

SHAWCO Accommodation: SHAWCO House, situated in Rosebank, offers a 16-bed dormitory style accommodation on Main Road. It is ideally suited for young people or families on holiday. Contact Delicia Govender on 021-650 3001 or email: delicia.govender@uct.ac.za

SHAWCO SHIFT IT Computer Labs: SHAWCO has computer labs in Khayelitsha, Manenberg and

Kensington. To find out more about basic computer training, our computer coding programmes, and internet cafes, contact Isaac Hendricks on 021-593 2170 or email: maloh.hendricks@uct.ac.za

SHAWCO Education: To find out about volunteering opportunities or how you can assist in reading for children in our after school programme, contact Ainsley Grootboom on 021-650 5019 or email: ainsley.grootboom@uct.ac.za



We need your support!

To contribute financially or in kind, email: gavin.joachims@uct.ac.za or gary.paulse@uct.ac.za

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