





## **UCT Summer School 2023**

## Now in its 73rd year

## Open learning for all

The University of Cape Town's Centre for Extra-Mural Studies invites Summer School participants, friends and alumni to attend Summer School from 9 to 28 January 2023. The only Summer School on the African continent, the programme is open to everyone regardless of educational qualifications or age; the lectures are for non-degree purposes and do not involve examinations.

We are excited to announce the launch of the Friends of Summer School (FOSS). Please join FOSS and enjoy a range of benefits, including discounted course fees. See page 2.

Several of the courses on offer qualify for Continuing Professional Development (CPD) points. The university will issue a certificate to participants with which to apply for CPD points. We are also offering teachers a discount on Bandile Sikwane's course (page 19).

The programme will be livestreamed to venues in Philippi, Hout Bay and Kensington as part of the Centre for Extra-Mural Studies' community engagement to make Summer School more widely accessible in resource-poor communities. To donate to this initiative, click on this link: <a href="https://www.webtickets.co.za/v2/Donations.aspx?itemid=1518328822">https://www.webtickets.co.za/v2/Donations.aspx?itemid=1518328822</a>

The UCT Summer School welcomes sponsorships and donations. Interested companies or individuals can contact Stafford Bomester, Senior Manager: Corporates, BBBEE & Foundations Fundraising, Department of Alumni and Development, for further information at <a href="mailto:stafford.bomester@uct.ac.za">stafford.bomester@uct.ac.za</a> or on 076 178 4026.

# Message from the Executive Director Development and Alumni Department

The University of Cape Town's annual Summer School, the largest public education programme of its kind in Africa, proudly celebrates a 73-year history of continuous adult education provision in 2023. Over the decades it has continued to be a showcase for the excellence of the research and scholarly work



done at the university: a true embodiment of the university then and now.

The programme also brings together public intellectuals, thought leaders and scholars from around the world to provide participants with an opportunity to be part of, as well as students of, the university over a three-week period filled with intellectual stimulation, learning, discussion, and debate.

As the campus is now fully open, the Summer School programme will be offered in person in 2023, making it possible to experience this festival of learning again amongst the throngs of participants in full lecture theatres, at the bookshops, through the film programme and in the cafeteria area over a cup of coffee.

Highlights of this year's programme include the unique opportunity to learn more about the university's various campuses, their histories, stories, and hidden treasures through joining the bespoke campus tours offered by the university's Emeritus Registrar, and current President of our Legacy Society, Hugh Amoore. There will also be opportunities to visit our Irma Stern Museum, and to listen to performances by the South African College of Music's opera students, many of whom are destined to become world stars. The annual Legacy Society President's lecture will be given by alumnus Justice Owen Rogers, who has recently been appointed to the Constitutional Court.

I invite you to become part of the university's important community of staff, students, alumni and friends and look forward to meeting many of you during Summer School.

With my best regards from a leafy, spring campus

Sarah Archer

Saxl- Ashen

UCT is a global university in Afrika unleashing human potential to create a fair and just society



## FRIENDS OF SUMMER SCHOOL (FOSS)

# We are excited to announce the launch of the Friends of Summer School

We invite you to join this new organisation dedicated to bringing Summer School to a wider audience of enthusiastic lifelong learners, regardless of age or economic status. The Friends of Summer School has been formed to help the grand old institution of Summer School to flourish. A stellar 2023 programme has been put together and we are now planning for the future Summer Schools.

FOSS is a volunteer-driven membership organisation which will support the many important programmes, courses, lectures, and community engagement work of Summer School, ensuring that it attracts dynamic lecturers to provide excellent courses, in line with the university's Vision 2030.

Your participation will ensure that Summer School remains vibrant and continues to thrive. Become a member of FOSS for as little as R200 a year and enjoy the following benefits:

- 10% discount on all courses (except for practical art, language and writing courses)
- early bird registration one week before bookings open
- the opportunity to meet and socialise with lecturers
- a complimentary printed Summer School brochure (all others pay R50)
- two newsletters a year.

Your membership funding is invaluable to us in achieving our goals for our future. Why not gift the friend who has everything a subscription to the Friends of Summer School?

To join FOSS and make a donation, please go to <a href="https://devman.uct.ac.za/KidzNet/summerschool/giving/">https://devman.uct.ac.za/KidzNet/summerschool/giving/</a>

For further information about FOSS please contact the Chairperson Suzette Raymond
<a href="mailto:suzetteraymond@yahoo.com">suzetteraymond@yahoo.com</a> or on 083 460 4607

## We thank our sponsors

Peninsula Beverages for providing water for lecturers and beverages for participants in Philippi, Hout Bay and Kensington.



Jonathan Ball Publishers for sponsoring the flight to and from Cape Town for Joanne Joseph.



The Protea Hotel Marriot for offering a discounted rate for Summer School lecturers and participants.



Cape Town Mowbray

Lance and Kim Katz and family for their generous donation towards the Friends of Summer School.

Summer School is grateful for the generosity of friends, participants and presenters who have given anonymously in many ways to ensure the successful running our 2023 programme.

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indicates course qualifies for CPD points

#### FEE INFORMATION

#### **COST OF COURSES**

Fees for all courses have remained unchanged. Where lecturers cannot travel to Cape Town to present in-person lectures the lectures will be livestreamed in the lecture theatres and a lower fee will apply.

# SPECIAL OFFERS FOR SUMMER SCHOOL 2023

- Early Bird registration opens on Tuesday 25 October until 1 November 2022 for members of the Legacy Society and members of the Friends of Summer School (FOSS). If you are a member of either of these organisations, please request a booking code from the Summer School office in order to qualify for the Early Bird booking.
- Members of the Friends of Summer School (FOSS) receive a 10% discount on all courses except the language, practical art and writing courses (see page 2 for further information about FOSS). Please request the discount code from the Summer School office before booking your courses.
- **Teachers** will qualify for a 10% discount when booking for Bandile Sikwane's course *Why representation matters in children's literature*. To obtain the discount code, please email: ems@uct.ac.za.
- The Protea Hotel Marriot has offered a discounted rate for Summer School participants. For more information, please contact the hotel at: 021 442 5300; <a href="Fess.Sona@proteahotels.com">Fess.Sona@proteahotels.com</a> or Cathlene.VanDerRoss@proteahotels.com.

#### **GIVE A GIFT**

You can **gift a course** to a friend or family member, in which case the ticket will be emailed direct to them, together with a link to the brochure. Should you gift one of the online courses, the recipient will receive the link by email together with a link to the brochure.

#### **CANCELLATIONS AND REFUNDS**

If the Centre for Extra-Mural Studies cancels a course, Webtickets will issue a refund.

#### **BOOKING INFORMATION**

#### **Booking begins on Tuesday 1 November 2022**

All courses will take place in person on the UCT campus in 2023 except for the practical writing courses, the language courses and one art course that will be offered either on the MS Teams platform or on Zoom.

The Centre for Extra-Mural Studies office will be open to the public from Tuesday 1 November and a helpdesk will be available during the hours stipulated below.

Monday to Friday 1 November to noon on 23 December 2022	8.30 am-4.00 pm
Closed from noon on Friday 23 December 2022	
Reopens Monday 2 January 2023	8.30 am-4.00 pm
Monday to Friday (from 9–27 January 2023 only)	8.30 am-5.30 pm
Saturday (from 14–28 January 2023 only)	8.30 am-1.30 pm

#### **HOW TO BOOK AND PAY FOR YOUR COURSES**

At the end of each course description, you will find a direct link to Webtickets to make booking easier. All participants will need to register/log in to their Webtickets profile to process their transaction on Webtickets. Register and book online at: https://www.webtickets.co.za/v2/EventCategories.aspx?itemid=1518311603.

If you are not familiar with Webtickets, the diagram on page 8 explains how to register on their website and how to book courses. If you require assistance, you can visit the Webtickets outlet at any Pick n Pay store or at the Baxter Theatre. Alternatively you can come to the Summer School office or phone the office for assistance with booking your courses.

#### **HOW TO RECEIVE YOUR TICKETS OR LINKS**

Please note that you have 30 minutes to select and pay for your courses before Webtickets will time out. Once you have successfully booked and paid:

- FOR IN-PERSON LECTURES AND COURSES you will receive tickets from Webtickets that can be printed or saved on your phone. Please present your barcoded ticket at the door to the lecture theatre at each lecture.
- FOR ONLINE COURSES practical writing, language and one art course offered on MS Teams you will receive the links from Webtickets. If a course is offered on Zoom, the link will be sent by the lecturer.

#### CASUAL ATTENDANCE

Casual attendance is possible at in-person lectures that are not fully booked. You can buy a ticket at the Webtickets stall on level 2 in the Kramer Law Building.



#### HOW TO BOOK WITH WEBTICKETS

WEBTICKETS IS AFRICA'S MOST ACCESSIBLE TICKET PROVIDER – HERE'S HOW TO BOOK YOUR TICKETS!



## IN STORE: 2 OPTIONS



#### Book online at Webtickets, pay in store:

- Select the pay in Pick n Pay or pay in Boxer store
- Visit your nearest store and make payment at any tillpoint within 24 hours of booking



#### Book and pay in any store:

- Visit any Pick n Pay or Boxer store nationwide
- Book and pay at the Money counter

#### GENERAL INFORMATION

The 2023 brochure is available free of charge in electronic format only. There is no charge for joining or for corrections to the mailing list. Please notify us should your email address or contact details have changed. Printed brochures can be obtained at the Summer School office at a cost of R50 from Monday 25 October.

#### **LENGTH AND TIMES OF LECTURES**

Unless otherwise specified, lectures are about 60 minutes in length, including questions from the audience.

#### **ON-CAMPUS INFORMATION**

- PARKING (INCLUDING DISABLED PARKING): See map on page 113.
  - A limited number of Summer School disabled parking disks are issued on a first-come first-served basis only for participants genuinely in need of disabled parking disks. Participants who use municipal parking disks must inform the Summer School office as they also need a Summer School parking disk. Disabled parking zones are in **Cross Campus Road** only. Please display your Summer School disabled parking disk when parking in one of these bays.
- ACCESSIBILITY OF BUILDINGS: University buildings are generally accessible to disabled participants. Nearly all our venues are wheelchair accessible with lift access to all levels of the Kramer Law Building. Please contact us to discuss the easiest access route. Wheelchair accessible toilets are on Level 4 of the building.
- HEARING INDUCTION LOOP: Lecture theatres in the Kramer Law Building are equipped with an induction loop system (please look for the sign). Hearing-impaired participants who use hearing aids or those with cochlear implants that have a T-coil setting can connect to the induction loop system by switching their hearing aids to the T-coil frequency.
- **LECTURE THEATRE ETIQUETTE**: Please switch off all cell phones during lectures and please do not take photographs of the screen during lectures as this bothers fellow participants.
- ONLINE ETIQUETTE: When joining an online lecture, please mute your microphone and keep your camera off. Please adhere to all housekeeping rules, which will be announced at the beginning of the session.
- SMOKING, AIR CONDITIONING, PARAMEDICS AND SECURITY: Please note that smoking is not allowed indoors on UCT campus. The air conditioning in the lecture theatres unfortunately cannot be internally adjusted and is sometimes quite cool; please bring warm clothing with you. Paramedics will be on duty throughout Summer School. If you lose something, contact Campus Protection Services on Level 4. Telephone: 021 650 2222.
- REFRESHMENTS: We are partnering with Food & Connect to ensure that food and drinks will be available.
- BOOKSHOPS: There will the opportunity to browse and buy at the bookstalls for the duration of Summer School.
- LECTURERS: To read more about our lecturers, short biographies can be found on the Summer School 2023 website: http://www.summerschool.uct.ac.za.

# ANNUAL LEGACY SOCIETY PRESIDENT'S LECTURE

#### Free lecture

Saturday 21 January 16:00-17:00



The annual Legacy Society lecture will be presented by **Justice Owen Rogers**, who served on the Western Cape Division of the High Court.

He was appointed to the Constitutional Court in August 2022.

**VENUE: Kramer Law Building Lecture Theatre 1** 

The lecture will be preceded by a cocktail event which is open to all who attend the lecture.

#### SUMMER SCHOOL FILM PROGRAMME

This is a free film programme designed around courses. On account of time and venue constraints popular screenings cannot always be repeated, nor can clashes with courses and lectures be avoided.

Requests for repeats may be handed in at the Summer School office, addressed to the Summer School film coordinator.

Information about the programme, times and venues will be displayed on noticeboards in the **Kramer Law Building**. Please check the noticeboards regularly for information about changes, repeats or additions. Latecomers will not be admitted **after the first five minutes of the start of film screenings**.

Please note that the films are screened in **Lecture Theatre 1** in the New **Economics Building** next to the Kramer Law Building.



# UCT THEN AND NOW BESPOKE CAMPUS TOURS

Emeritus Registrar Hugh Amoore will lead four informal tours of the University's Rondebosch campuses during Summer School 2023. There will be no charge for these tours, but each will be restricted to 60 people.

The four tours will be as follows:

#### Saturday 14 January ■ 9.30 am—11.30 am

Some buildings and some women: this tour will begin on the lower campus and end on the upper campus.

TO BOOK: https://www.webtickets.co.za/v2/performance.aspx?itemid=1519552918

#### Thursday 19 January ■ 3:30 pm—5:30 pm

The upper campus south: this tour will start below the plinth on which Rhodes's statue rested and take in the buildings and spaces south of the Sarah Baartman Hall.

TO BOOK: https://www.webtickets.co.za/v2/performance.aspx?itemid=1519553092

#### Saturday 21 January ■ 9.30 am-11.30 am

**The upper campus north**: this tour will start at the tennis courts on the upper campus and take in the buildings and spaces north of the Sarah Baartman Hall.

TO BOOK: https://www.webtickets.co.za/v2/performance.aspx?itemid=1519553292

#### Thursday 26 January ■ 3:30 pm—5:30 pm

The middle and lower campuses: this tour will start at the Summer House and end at the Baxter Theatre.

TO BOOK: https://www.webtickets.co.za/v2/performance.aspx?itemid=1519553337

Booking will be through Webtickets.

Kindly note that these will be walking tours so please wear comfortable shoes and a hat. Please meet at the site indicated in the text at the start of the tour. Information about the meeting sites can be obtained from the Summer School office.

#### FOR ALL SUMMER SCHOOL ENQUIRIES

Phone: 021 650 2634 (office). If no reply, please Whats App 060 487 9719 (messages only).

Email: ems@uct.ac.za

Website: http://www.summerschool.uct.ac.za

The Centre for Extra-Mural Studies is situated on Level 3 of the Kramer Law Building, Cross Campus Road, Middle Campus, University of Cape Town, which can be accessed from Woolsack Drive.

See map on page 113.

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	Landscapes in art: creating heaven on Earth (Mon–Thurs)	25	Film music: the new classical? (Thurs–Fri)	31	Minibus taxis (Mon–Wed)	57
	Dr Henry Lichtenstein in the Cape	66	South Africa's black middle class (Tues)	61	The Trans-Siberian Railway	63
			Napoleon and the Rosetta Stone (Wed-Fri)	64	Neuroscience then and now (Mon–Tues)	75
			No pain, no brain (Mon-Tues)	80	In the aftermath of extinctions	85
			Astronomy highlights: MeerKAT radio telescope (Wed-Fri)	86		
9.30 am	Introduction to botanical painting	103	Let's bring still-life back to life	<u>101</u>	The joy of drawing: a course for beginners	<u>102</u>
	Introduction to traditional Arabic calligraphy (Wed-Fri)	104				
10.00 am	Turn your writing dreams into reality	<u>110</u>	Connection: a short course in poetry writing	<u>109</u>	How to write a novel	<u>111</u>
11.15 am	Ancient childhood in art and text	<u>68</u>	Art as a mirror	<u>21</u>	Enchanting the eye and the ear	<u>28</u>
	Encounters with Table Mountain	<u>82</u>	The Enlightenment	<u>43</u>	Oceanic histories	<u>67</u>
	Inside Schrodinger's cat (Wed—Fri)	88	Understanding and managing dementia (Mon–Tues)	<u>78</u>	Human sexuality: the new paradigm (Mon–Tues)	<u>73</u>
					Science marches on (Wed–Fri)	<u>76</u>
1.00 pm	Great writers: ancient Greece to 17th century Japan	<u>14</u>	In conversation: An Unusual Grief (Fri)	<u>33</u>	Even more excellent, little-known books (Mon–Wed)	<u>17</u>
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	The ANC below 50%: what is the road ahead? (Fri)	<u>53</u>	The world and South Africa beyond 2023 (Mon)	<u>50</u>	The Gothic cathedral (Wed—Thurs)	<u>23</u>
	Predator politics (Mon)	<u>55</u>	SA's 1994 economic compact after 28 years (Thurs)	<u>52</u>	Abstraction and expressionism in the 20th century (Fri)	<u>24</u>
	Family silver: buried 1939; retrieved 2019 (Wed)	<u>69</u>	Pan-Africanism and African integration (Tues)	<u>60</u>	Who shot Olof (Thurs)	<u>58</u>
	Functional medicine and nutrition therapy (Fri)	<u>79</u>	Extraordinary gardens from around the world (Mon–Wed)	94	Cloud technologies (Fri)	<u>99</u>
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	Inside Schrodinger's cat: video (Thurs)	<u>88</u>			Where death delights in helping the living (Mon–Wed)	<u>90</u>
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					Brains, chemicals and electricity (Mon–Wed)	<u>74</u>
					Seeing black holes with an Earth-sized telescope (Wed)	<u>87</u>
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4.00	In conversation: The boy who never gave up	<u>35</u>	882 AD: the origins of Putin's Ukrainian war	49	In the aftermath of extinctions	<u>85</u>
1.00 pm	Yuval Noah Harari: a 'history of the future'	<u>46</u>	Christo vs Warhol	<u>26</u>		
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# TIMETABLE

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# Literature Art Music

















Karen Jennings, author, postdoctoral fellow at the Laboratory for the Economics of Africa's Past, Stellenbosch University

Monday 9-Friday 13 January ■ 1.00 pm ■ COURSE FEES R550

This series of lectures will look at several influential authors from the past, starting with Homer in the distant days of ancient Greece, right up to the seventeenth century Japanese poet Matsuo Bashō. We will explore the ways in which these authors used different writing forms, traditions and techniques to do new and exciting things that have had a lasting impact on the way we think, such as understanding complex emotions, grappling with an expanding world, and learning to focus on the finer details of ordinary things. We will learn about what it is to be human in the world, and how to live, engage and adapt. The last few moments of each lecture will also look at practical lessons to be learnt from these authors in terms of inspiration (or dealing with writer's block) for the scribblers, thinkers and writers amongst you.

#### Lecture titles

- 1. Ancient Greece and emotion: 'The Rage of Achilles' in Homer's *Iliad* and Euripides' *Medea*
- 2. Ancient Rome and translation/transformation: the poetry of Catullus and Ovid
- 3. Camões and place: Book V of Os Lusiadas (The Lusiad)
- 4. Shakespeare and making it new: A Midsummer Night's Dream
- 5. Matsuo Bashō and Japanese poetic traditions: renga, haiku and haibun

#### Recommended reading

There is no recommended reading list, but if participants want to familiarise themselves with some of the authors or texts mentioned in the lecture outline, they are welcome to.

#### JANE EYRE

Karen Jennings, author, postdoctoral fellow at the Laboratory for the Economics of Africa's Past, Stellenbosch University

Monday 16-Wednesday 18 January ■ 3.00 pm ■ COURSE FEES R330

Since its publication in 1847, Charlotte Brontë's *Jane Eyre* has remained popular. Despite this, or perhaps because of this, it is often seen as little more than a moving Gothic romance. Yet the novel is so much more than a love story. In fact, *Jane Eyre* had a lasting impact on the way fiction is written. Brontë's first-person narration allowed Jane to turn inward, so that, as readers, we are able to see her intimate thoughts and feelings as she struggles to make sense of not only the people and situations around her, but also her place amongst them. In this lecture series we are going to learn about Jane — her will, her independence and her uncompromising strength of character.

#### Lecture titles

- 1. Jane alone: from her time at Gateshead to her departure from Lowood
- 2. Jane at home: Jane at Thornfield
- 3. Jane in the wilderness: making a new life after leaving Thornfield

#### **Recommended reading**

Any edition of Jane Eyre by Charlotte Brontë.

Participants might want to read Wuthering Heights by Emily Brontë as well, but this is certainly not required.

#### POETRY, LIFE, AND THE ACADEMY: KNOWLEDGE PRODUCTION OUT OF THE BOX

Associate Professor Peter Anderson, Department of English, University of Cape Town

Monday 23—Friday 27 January ■ 5.00 pm ■ COURSE FEES R550

This course aims to take the presenter's life, scholarship, teaching and writing as its starting point, and find new ways of making sense of poetry in the job he does and the life he lives. It will be, at its base, an exploration of writing practice, with exemplary readings, but also a voyage in encountering what academia now calls 'knowledge production', and which is becoming more and more hybrid in form, and more and more interdisciplinary in form and content. What does a university degree in 'literary studies' now look like? How has poetry a case to make for knowing the world better? How does a poet-critic think and write, from daily habits to the architecture of (here) his thoughts. We will look at some writing by recent or contemporary poets like Anne Carson and Geoffrey Hill. Those interested in this course may find the famous writers' interview in *The Paris Review* of interest.

#### Lecture titles

- 1. Why become a poet? What moves someone towards this strange and estranging genre of speech?
- 2. How do you think in poetry? Is there a different mode of cognition? How does the poem 'come' and what work does it ask of both writer and reader?
- 3. In the decolonising and transformational moment across the world, how does a hybrid form with debts to poetry figure in a new landscape of writing?
- 4. What is 'knowledge production'? How does poetry do this, broadcast it and conserve it?
- 5. What do you say and offer the student or other person who wants to make a poem? How does the writing of a poem square with what academics call 'poetics', and means something somewhat different?

#### **Recommended reading**

Texts will be supplied.

#### **EVEN MORE EXCELLENT, LITTLE-KNOWN BOOKS**

Kate McCallum, reader, traveller and publisher; Finuala Dowling, poet and novelist

Monday 23-Wednesday 25 January ■ 1.00 pm ■ COURSE FEES R330

Following their series in 2018, 2019 and 2021, Kate McCallum and Finuala Dowling give their personal recommendations for even more excellent books that may not be well known to a well-read South African audience. Along the way there'll be enthusiastic recommendations of other books by the same author and other authors.

#### Lecture titles

- 1. A miscellary of pleasure from 2021 Kate McCallum
- 2. Unconventional lives Kate McCallum
- 3. The dubious delights of ageing Finuala Dowling

#### **BOOKS AS MAGIC CARPETS: WHY, HOW AND WHAT WE READ**

Dr Helen Moffett, freelance academic, author, editor; Bongani Kona, academic, author, editor

Wednesday 11—Friday 13 January ■ 3.00 pm ■ COURSE FEES R330

In these three lectures we ask questions about the practice of reading, based on our shared experience as authors, academics and publishing colleagues. Most book clubs and reading groups focus on *what* to read. In these three lectures, we intend to look at *why* and *how* we read: the extent to which this can be an individual, communal and creative process. How do we process material that we read, physiologically, neurologically, sociologically, emotionally?

What are the politics of reading? Who do we read, and why? If books are magic carpets that take us to other countries, into other times, into fantasy worlds and parallel universes, into the lives of others very different from ourselves, how do we choose what direction to take? We will suggest different and overlapping answers to the same fundamental questions, leading in directions that we hope will prompt you to read more widely, eagerly and thoughtfully.

The first lecture will discuss: What makes a worthwhile read? What makes us buy a book, or borrow one? Why do we acquire books we don't read? What makes us pick up a book? Put it down? What makes us want others to read a book we've enjoyed? What is a 'Marmite' book? How does who we are, and our other cognitive and cultural experiences, inflect our reading? The second lecture dives more deeply into the questions above, leading us down unexplored avenues and into new reading adventures.

Finally we ask: What comfort do books offer in a world reeling from existential traumas? How do we read to support our mental health and enlarge our minds? Can books be prescribed for a range of human woes, from heartbreak to illness? Our shared reading journeys can be not only strengthening and enlightening; they can even offer hope.

#### Lecture titles

- 1. The mysteries of reading: so many questions Helen Moffett
- 2. 'In other rooms, other wonders': fresh questions, new answers Bongani Kona
- 3. The book as anothecary Helen Moffett

#### **Recommended reading**

This course was inspired by the Good Book Appreciation Society, a popular Facebook group with close to 20 000 members. It is offered with the permission and blessing of the group. To join, visit the page on Facebook and follow the instructions there.

No specific works are prescribed for this course; instead we encourage participants to use these lectures as a jumping-off point for compiling a reading list of titles they wouldn't usually tackle. Or to share lists of their favourite must-reads. Participants might enjoy these two books, which also provided inspiration for this course: Berthoud, E. and Elderkin, S. 2015. *The Novel Cure: An A–Z of Literary Remedies*. Edinburgh & London:

Canongate.

Hornby, N. 2013. Stuff I've been reading. London & New York: Viking.

#### WHY REPRESENTATION MATTERS IN CHILDREN'S LITERATURE

Bandile Sikwane, author, digital publisher

Friday 13 January 9.15 am COURSE FEES R100

Children understand themselves and the world around them through stories, songs, play and experiences, which are ultimately encapsulated in language. Children's literature is foundational in representing ideas, societal and cultural norms, as well as core values such as empathy, friendship and honesty to the child. It is thus important for a child's development and growth that they are able to access this represented world which can be unlocked through children's literature. This lecture will explore how representation in children's literature shapes both the internal and external world of a child, advocating for multilingualism in children's literature as requisite for a child's development.

#### **Recommended reading**

Hall, S. 2020. The Work of Representation. *Applied Theatre Reader*. London: Routledge.

Du Gay, P. (ed.). 1997. Production of Culture/Cultures of Production. London: Sage/The Open University.

Hall, S. 1992. 'The West and the Rest'. In Hall, S. and Gieben, B. (eds). *Formations of Modernity*. Cambridge: Polity Press/The Open University.

Du Gay et al. 1997. Doing Cultural Studies: The Story of the Sony Walkman. London: Sage/The Open University.

Please note that this lecture will be livestreamed into the lecture theatre in the Kramer Law Building; the lecturer will not be presenting in person.

Teachers qualify for a discount. Please email: ems@uct.ac.za to receive the discount code.

#### MADNESS IN GREEK TRAGEDY: A STUDY OF THREE PLAYS

Associate Professor Clive Chandler, School of Languages and Literatures, University of Cape Town

Monday 16-Wednesday 18 January ■ 5.00 pm ■ COURSE FEES R330

Madness is a prominent inclusion in several key Greek tragedies. In this course three ancient plays (Sophocles' *Ajax* and the *Heracles* and *Bacchae* of Euripides) have been selected for study of the way madness is essential to the plot and used as an indicator of divine power. We shall explore how these plays are uncompromising, even brutal, in their depiction of human vulnerability yet at the same time represent ways in which humans respond to this fact. An effort will be made to answer why madness makes good tragedy.

#### Lecture titles

- 1. 'Anything can happen': losing and taking back control in Sophocles' Ajax
- 2. A reluctant madman: the case of Euripides' *Heracles*
- 3. Madness and terror: the manifestation of a new god in Euripides' Bacchae

#### **Recommended reading**

Dutta, S. 2001. *Sophocles: Ajax*. Cambridge: Cambridge University Press.

Vellacott, P. 1954. *Euripides: The Bacchae and Other Plays*. Harmondsworth: Penguin.

Waterfield, R. 2003. *Euripides: Heracles and Other Plays*. Oxford: Oxford University Press.

#### ART AS A MIRROR

Ian Aaronson, Distinguished Emeritus Professor, Medical University of South Carolina

Monday 16—Friday 20 January ■ 11.15 am ■ COURSE FEES R550

We first meet Hans Holbein who, as painter to King Henry VIII, observed the intrigues that led to the execution of Anne Boleyn and the revered Sir Thomas More. His flattering portrait of Anne of Cleves, whom Henry detested when he finally met her, nearly cost Holbein his own life.

In Antwerp, in the Spanish Netherlands, we meet the affable and cultivated Rubens whose colourful swirling figures answered the demands of the Catholic Counter Reformation, whilst to the north in the breakaway Calvinist Dutch Republic, we encounter the restrained and perceptive Rembrandt, whose personal life was marked by recurring grief.

In Spain we will meet El Greco and Velazquez whose paintings have resonated through the centuries, and then Francisco Goya who witnessed the conflict to end Napoleon's occupation, producing unforgettable images of the horrors of war.

We will then meet Jacques-Louis David, one of France's most respected painters, whose signature on the execution warrant of Louis XVI during the bloody aftermath of the French Revolution led to his imprisonment and eventual exile.

Finally, we will get to know Winslow Homer whose paintings of the common soldier in the American Civil War were unprecedented. But it was the 1913 Armory Show in New York of works by the European avant garde that jolted American provincialism, opening the way for Hopper, Warhol, Pollock and Rothko who thrust that city into the leadership position it enjoys today.

#### Lecture titles

- 1. Hans Holbein and the bloody court of Henry VIII
- 2. Rubens, Rembrandt and the birth of the Dutch Republic
- 3. The Spain of El Greco, Velazquez and Goya
- 4. Jacques-Louis David, Napoleon and the French Revolution
- 5. Winslow Homer and the Great American Experiment

Please note that it is the request of this lecturer to present his course to a masked audience. KN95 masks will be provided at the door of the lecture theatre.

#### BIRD AND FISH: THEIR ENDURING SYMBOLISM

Hilary Hope Guise, professor of art history, Florida State University, lecturer and artist

Monday 23—Tuesday 24 January ■ 1.00 pm ■ COURSE FEES R220

The first lecture will discuss the symbolism of birds, in particular the white and the black bird. The flight of a white bird has always been associated with the human soul and spirit, and often represented the moment when a soul leaves the human body and 'takes flight'. We find images of birds in different contexts in art from ancient Egypt and Greece through to surrealism. In the Homeric world the flight of birds could be a source of augury with birds appearing on warriors' shields, indicating their belief in their own victory. In the Christian world the white bird represented one aspect of the Trinity. In Greek mythology Aphrodite is accompanied by two white doves. The aspect of love in the image of the white bird is both pagan and Christian. The black bird also has a long history and is related to the white bird; this dichotomy is resolved fully in one of the myths of Apollo.

The second lecture will look at how an ancient symbol of divine life in the parched deserts of the pre-Roman Near East moved West and became one of the defining images of the new Judeo-Christian faith in Imperial Rome. It will reveal how the fish, identified for centuries with pre-Jewish gods and goddesses, and also used as a common source of food grown in seawater ponds by the Romans, turned into a powerful sign of salvation against a backdrop of persecution and illiteracy in Rome. The early Christians become real to us as we explore the urgent and rough wall paintings made hastily by the flickering light of oil lamps.

#### Lecture titles

- 1. The flight of the white bird
- 2. The sign of the fish

#### THE GOTHIC CATHEDRAL

Hilary Hope Guise, professor of art history, Florida State University, lecturer and artist

Wednesday 25-Thursday 26 January ■ 1.00 pm ■ COURSE FEES R220

The Gothic period emerged in the early twelfth century. The term Gothic was originally a derogatory term and applied to the extraordinary and soaring cathedrals of northern Europe because they exhibited no classical influences at all. In the bones of the great cathedrals the Christian message was spelt out in stone, yet the master masons who engineered and built these miracles of stone tracery were illiterate. This lecture discusses the difficulties and ingenious solutions that medieval men used to raise these monuments. The cathedrals were saturated with light, inspired by St. Bernard of Clairvaux. When Europe was covered in thick dark forests, and the spiritual ethos was alive with angels and demons, the ambition to expel darkness, both physically and spiritually, becomes more comprehensible.

The building of the cathedrals inspired the making of artefacts to go into them such as the altarpieces for the high altar and the side chapels, reliquaries, illuminated Bibles, ivories and church silver. The skills and materials needed to make these huge altarpieces, and the life of the bustling medieval workshops, are the themes of this lecture. The arduous hunt for pigments, the pounding of gold leaf, the crushing of lapis lazuli and malachite, and the beating of eggs, and above all, the knowledge of the iconography which developed into a complex language over time — all these played into the final achievement of some of the greatest altarpieces, such as the Maestà by Duccio, Cimabue, and altarpieces by Martini and the Lorenzetti brothers.

#### Lecture titles

- 1. Building techniques of the Gothic master masons
- 2. Walls of gold

#### THE GREAT DIVORCE: ABSTRACTION AND EXPRESSIONISM IN THE 20TH CENTURY

Hilary Hope Guise, professor of art history, Florida State University, lecturer and artist

Friday 27 January ■ 1.00 pm ■ COURSE FEES R110

In the early twentieth century the time-honoured remit of the visual arts which had always reflected, captured and interpreted the fleeting world around us and gave permanence to its history, beliefs, people and dreams, was thrown out violently. The fragmentary nature of painting in this era is only too visible in the works of Picasso and Braque. Art critics, dealers, and the market soon put labels on these many 'schools' such as 'constructivism', 'futurism', 'orphism', and in England the belligerent voice of 'vorticism', which legitimised them. These 'schools' had to have manifestos — and these were usually linked closely to political movements; the constructivists were Bolshevik communists, the futurists in Italy were pro-war, and the founder of cubism, Picasso, was a card-carrying communist. Thus 'modernism' as seen in the works of these schools espoused an ideology that was contrary to the long Judeo-Christian traditions of Europe which were evident in paintings over centuries. Influences that came into Europe from outside were embraced with fervour, such as primitivism and Eastern mysticism, but also the revival of interest in the occult, and in spiritualism generally. The unprecedented destruction of the two world wars, especially the First World War, is reflected vividly in the art works of Kandinsky, Picasso and Malevich. The fact that many of the leading artists of the early twentieth century were involved closely and actively in the spread of theosophy, and its sub-cults, will be a new departure and a theme that will be explored in this lecture.

#### LANDSCAPES IN ART: CREATING HEAVEN ON EARTH

Suzanne Perrin, independent lecturer for the Arts Society, Cultural Director of Japan Interlink London

Monday 9-Thursday 12 January ■ 9.15 am ■ COURSE FEES R440

Real, imaginary and symbolic landscapes and their meaning come together with many popular landscape artists who have tried to capture their countryside and create a national pride. From John Constable to Chinese masterpieces, Japanese prints and Hokusai's 'Mount Fuji', artists have striven to capture landscape in all its beauty and nature for centuries. Landscape vistas can be recreated in gardens and parkland estates, as with Chinese gardens of the eight century, Capability Brown in the eighteenth century, and rooftop gardens of the twentieth century. Chinese and Japanese scholars promoted the fine arts of painting, poetry and garden design, and brought beautiful landscapes into their places of residence in screens, sliding doors, furniture and paintings.

Architects in Japan and Europe are now required to create areas for 'greenspace' in any new building development, and these have initiated a new way of thinking about how we live our daily lives. Architectural greenspace on rooftops, car parks, balconies, courtyards, creating a personal greenspace, however small, can make a huge difference. It is becoming recognised that landscapes, gardens, plants and natural environments are a necessary aid to promoting mental and physical health. Using concepts of landscapes to calm the mind and gardens for rest, recuperation and reflection, specially designed hospice gardens provide a way to bring healing space for mind, body and spirit. This course will explore how we respond to landscape and natural environments, and how we can utilise these elements in our daily lives.

#### Lecture titles

- 1. Landscape vistas
- 2. Bringing the outside inside
- 3. Contemporary landscape
- 4. Healing gardens

#### CHRISTO VS WARHOL: BRILLIANT ART AND ECCENTRIC PERSONALITIES

Kimberly and Carl Weichel, lecturers

Saturday 21 January ■ 1.00-3.00 pm ■ COURSE FEES R220

This double lecture will examine the remarkable art of Christo and Jeanne-Claude, and Andy Warhol, delving into the psyches of these cultural icons, and discussing their eminence in the modern art world.

Christo, with his wife Jeanne-Claude, were eclectic artists renowned for wrapping landscapes and buildings in colourful fabric that turned into epic-scale environmental works. Starting in the late 1960s, their works spanned decades, across continents. Requiring complex technical solutions, they turned mountains, islands, farmlands, museums and bridges into short-lived popular art. Their expansive works were visually impressive yet controversial, often taking years of political negotiation and public persuasion. For Christo, all of this was part of the artwork: 'For me aesthetics is everything involved in the process — the workers, the politics, the negotiations, and endless construction difficulties'.

Envisage eccentric Andy Warhol and you see Campbell soup cans, portraits of Marilyn Monroe, mind-altering videos, and gender-bending art. Everything Andy Warhol did beginning in the 1960s as portraitist, publisher, publicist or salesman, were components of one boundless work. As head of Andy Warhol Enterprises, Inc., his work was part performance art, part conceptual art, and part picture of the market world he lived in and that we still inhabit.

#### DIALOGUES ACROSS TIME AND SPACE: A NOISY HISTORY OF AFRICAN ART

Sinazo Chiya, Associate Director, Stevenson Gallery

Thursday 19—Friday 20 January ■ 3.00 pm ■ COURSE FEES R220

This course will look at the dynamic interplay of influences between European art and African art, and will trace links between modern African artists and contemporary art practitioners, moving from general theory to specific works by key artists.

The first lecture will discuss the dialogue between canonical European modern artists such as Pablo Picasso, Constantin Brancusi and Henry Matisse and African art, ranging from ceremonial, traditional objects to artworks. The works of African modernists such as Nigeria's Ben Enwonwu and Sudan's Ibrahim El-Salahi will be looked at closely, followed by South Africa's Ernest Mancoba and Gladys Mgudlandlu.

The second lecture focuses on the influence of black South African modern artists such as Mancoba and Gerard Sekoto on the contemporary artists. Beyond the idea of visual legacies, this lecture will also show how younger black South African artists are reclaiming indigenous visual practices, breaking with modernist traditions and forging new directions in local art history.

#### Lecture titles

- 1. African and European modernisms: a conversation
- 2. From the modern to the contemporary: talking ruptures

#### **ENCHANTING THE EYE AND THE EAR**

Elizabeth Handley, musicologist, independent lecturer for the Arts Society, United Kingdom

Monday 23—Friday 27 January ■ 11.15 am ■ COURSE FEES R550

Music and the visual arts evolved side by side. The history of both music and the visual arts is presented in a series of 'periods'. These periods, formed in retrospect many years later, correspond to and were directly influenced by current events taking place at the time, and enable us to understand these changes. The introductory lecture will clarify the different periods and their principal characteristics, key figures and their significant contributions.

Understanding the art of the past requires certain perceptual skills — techniques for looking and listening that enable us to understand what the creators intended to communicate. Once acquired, these skills greatly enhance our understanding of, and pleasure in, great works of art. The second lecture provides guidelines for perceptive viewing of paintings, with an explanation of the signs and symbols used by artists.

In the third lecture various musical instruments no longer in use and featured in paintings are identified. Recordings of what they sounded like are included to enhance the overall experience of the paintings. The next lecture explores the techniques used by painters to capture the textures of objects and fabrics, while drawing parallels with the 'warp and weft' (complex polyphony) of music. It will be seen how these tricks and techniques were used to dramatic effect in the arts. The final lecture explores the inspiring effect that certain paintings had on composers, and vice versa — examples of paintings inspired by music.

#### Lecture titles

- 1. Who's who in the gallery
- 2. How to read a painting
- 3. Musical instruments featured in paintings
- 4. Textures in art and music
- 5. Music inspired by paintings and paintings inspired by music

#### VIVE LA FRANCE! A FESTIVAL OF FRENCH MUSIC THROUGH THE AGES

Elizabeth Handley, musicologist, independent lecturer for the Arts Society, United Kingdom

Saturday 28 January ■ 10.00 am-12.00 pm ■ COURSE FEES R220

France has produced an extraordinary panoply of versatile and brilliant composers and much fine music over the past ten centuries. The country has also been host to many remarkable immigrants such as Lully, Chopin, Stravinsky and Copland. To this day there is always much musical activity: concerts in churches, cathedrals and concert halls, opera and ballet in the famous opera houses and theatres, recitals, international competitions and gala events. The influence of French music on composers elsewhere in the world has been immeasurable, leading to exciting new schools of thought.

In this double lecture we take a colourful journey through the history of French music, along with the current political and historical events that shaped it. The presentation is enhanced with ample images and musical illustrations.

#### TIPPING POINTS: THE EVOLUTION OF MUSIC

Grant Innes McLachlan, composer, Department of Music, University of Cape Town

Monday 16-Wednesday 18 January ■ 9.15 am ■ COURSE FEES R330

In the last five hundred years of European music history, music has been transformed in a series of tipping points — moments when large or dense complex structures give way to new forms which emerge from a desire for simple and accessible musical forms: high Renaissance polyphony gives way to the clarity of the sung word and the birth of opera; the intricate counterpoint of Bach gives way to simple Rococo forms; the unwieldy orchestras and hour-long Mahler symphonies give way to the intimate miniatures of Satie and Webern. It has an analogy in evolution, where long periods of stability reach a tipping point and are followed by short periods of rapid change, after which the cycle returns. In this three-lecture course we will discover which pieces of music spark these tipping points.

#### Lecture titles

- 1. The age of discovery: from the Renaissance into the Baroque
- 2. The age of enlightenment: from the Baroque to the Classical; the Classical to Romanticism
- 3. From the complex to the concise: from Romanticism to Modernism; the avant-garde to Minimalism

#### FILM MUSIC: THE NEW CLASSICAL?

Grant Innes McLachlan, composer, Department of Music, University of Cape Town

Thursday 19—Friday 20 January ■ 9.15 am ■ COURSE FEES R220

After two hundred years of the age of the concert, and with the invention of recorded sound, music reinvented itself in the twentieth century, particularly as the film industry burgeoned. Music is now more often heard recorded than live, and for new composers, classical musical forms now survive more within film music than in the concert hall. The relationship that composers such as Bach, Mozart, and Beethoven had with their patrons has a parallel in the relationships film composers have with their directors. Moreover, the vast majority of the most popular Hollywood composers have a traditional classical background. Is film music the new classical music?

This course will consider how music in the twentieth century becomes the chief narrative partner in the new media of film. It will also look at how music tells us what we should feel when we watch a film, and why classical music is so effective in achieving this.

#### Lecture titles

- 1. The other sense
- 2. Manipulating the emotions

#### WHERE DO WE COME FROM, AND WHERE ARE WE GOING?

Nomfundo Xaluva-Dyantyis, Meryl van Noie, jazz musicians and lecturers, South African College of Music, University of Cape Town

Thursday 26—Friday 27 January ■ 5.00 pm ■ COURSE FEES R220

African icon Miriam Zenzile Makeba would have celebrated her 90th birthday in 2022. The global community reflected on her vast legacy through the theme 'Makeba 90'. The first lecture will discuss the often reduced contribution Makeba made to the liberation struggle as well as her distinctive ability to use her art as activism.

The second lecture will examine the contemporary cultural landscape and the notion of being creatively and commercially boxed in. It reflects on why so many unique South African artists are scarcely recognised by local mainstream audiences and critics for their substantial, serious and innovative contributions.

#### Lecture titles

- 1. Art as activism: reflecting on the legacy of Miriam Makeba Nomfundo Xaluva-Dyantyis
- 2. South African jazz: the potential of creative cultural interventions in the digital age Meryl van Noie

#### **Recommended reading**

Feldstein, R. 2013. *How it feels to be free: Black women entertainers and the Civil Rights Movement*. New York: Oxford University Press.

Bethlehem, L. 2017. 'Miriam's Place': South African jazz, conviviality and exile. *Social Dynamics*, 43(2), 243–258. DOI: 10.1080/02533952.2017.1364464

Makeba, M. and Hall, J. 1988. Makeba: My Story. Johannesburg: Skotaville Publishers.

Sizemore-Barber, A. 2012. The Voice of (Which?) Africa: Miriam Makeba in America. Safundi, 13(3–4),

251–276. DOI: 10.1080/17533171.2012.715416

Hugill, A. 2019. The Digital Musician. London: Routledge.

Johnson, B. 2020. Jazz Diaspora: Music and Globalisation. New York: Taylor and Francis.

Fagge, R and Pillai N. (eds). 2017. New Jazz Conceptions. London and New York: Taylor and Francis.

#### IN CONVERSATION: AN UNUSUAL GRIEF

Dr Helen Moffett, freelance academic, author, editor; Yewande Omotosa, author

Friday 20 January ■ 1.00 pm ■ COURSE FEES R100

Join Helen Moffett for a conversation with Yewande Omotoso. Yewande's debut novel, *Bom Boy*, was an instant critical success, winning awards and accolades at home and abroad. Her second novel, *The Woman Next Door*, won her further international attention and prize listings. The focus of this conversation will be on her third novel, *An Unusual Grief*, an account of a mother's efforts to enter her adult daughter's life after her sudden death. Omotoso explores the perennial themes of grief and identity, looking closely at figures often pushed to the margins: ageing women, the bereaved, those who feel outsiders, those whom it is difficult to like. In this deftly told story, in the words of writer Zukiswa Wanner, 'she makes the ordinary extraordinary'.

Find out more about her writing journey and the genesis of this thought-provoking novel in this intimate conversation.

Helen Moffett will be present in person in the lecture theatre in the Kramer Law Building, and Yewande Omotoso will join the audience via video link. A lower fee applies.

#### IN CONVERSATION: CHILDREN OF SUGARCANE

Dr Helen Moffett, freelance academic, author, editor; Joanne Joseph, author, journalist, broadcaster

Thursday 19 January ■ 1.00 pm ■ COURSE FEES R110

Joanne Joseph is a household name in South Africa. Helen Moffett had the lucky experience of editing her debut novel, *Children of Sugarcane*, so she is well placed to draw out the absorbing story behind the story — how Joanne went on a nine-year quest to uncover the history of how her great-grandmother came to South Africa from India. This led to her fictional, but historically accurate account of the life of Shanti, a young woman transported from Tamil Nadu to the sugar plantations of the Colony of Natal in the late 1800s. While important work has been done in tracing the histories of indentured labourers in South Africa, almost no work has been done on the specific experiences of women labourers. Shanti's experience becomes a microcosm not just of the violence and exploitation these women faced, but their joys, beliefs, loves, and their agency. Join us as we peel back the layers of what is at heart an extraordinary love story.

Joanne Joseph will be available afterwards to sign copies of her book, which has been shortlisted for the Sunday Times fiction award.

## IN CONVERSATION: THE BOY WHO NEVER GAVE UP

Dr Helen Moffett, freelance academic, author, editor; Dr Emmanuel Taban, pulmonologist, author

Saturday 14 January ■ 10.00 am-11.30 am ■ COURSE FEES R110

Join Helen Moffett for a conversation with Dr Emmanuel Taban, the Daily Maverick's African Person of the Year in 2021. His is an extraordinary life story: he went from being a refugee child in Sudan, rejected by relatives, imprisoned and tortured, to one of South Africa's leading pulmonologists at the forefront of the battle against Covid-19. In this wide-ranging and intimate interview Helen Moffett will ask him questions about his truly epic journey, those who helped and hindered him on the way, the success of his best-selling autobiography, The Boy Who Never Gave Up, and his pioneering use of bronchoscopy techniques to treat those in Covid-19 ICU. Helen's sister was one of those whose life was saved by Dr Taban's pioneering bronchoscopy techniques, and she has published and edited works on refugee issues, so she has a special interest in finding out more about what makes this humble and generous man tick.

Emmanuel Taban will be available for book signings and discussion after the interview.

## A MORNING WITH IRMA STERN

Nadja Daehnke, Director, staff, UCT Irma Stern Museum

Saturday 4 February ■ 10.30 am-12.30 pm ■ COURSE FEES R150 Maximum number of participants 25

Get inspired by the art, collections, home and garden of the iconic South African artist Irma Stern (1894-1966). Let museum staff take you on an informal tour to tell you about the behind-the-scenes stories of Stern's life in her former house, now the UCT Irma Stern Museum, and show you some key pieces of the collection. There will be a welcome tea and coffee and light sweet treats on the veranda after the tour.

Proceeds from the tour will go towards funding an equivalent tour for members of the Philippi community.

## **Recommended reading**

Smuts, H. 2007. At Home with Irma Stern. Cape Town: UCT Irma Stern Museum and Trustees of the Irma Stern Trust. https://irmasternmuseum.co.za/

## A NIGHT OF OPERA CLASSICS

Paulina Malefane, lecturer; David Lubbe, accompanist; opera students, South African College of Music, University of Cape Town

Friday 27 January 7.00-8.30 pm ENTRANCE FEES R150

Venue Baxter Theatre Concert Hall

The university's South African College of Music's opera students will take the audience on journey through the Baroque, Classical and Romantic eras, singing arias, duets, trios and ensembles from much-loved and popular operas in a programme compiled by Grammy award nominee and international opera singer Paulina Malefane. These talented students are some of our future opera singers and rising stars that will grace national and international stages in time to come. They will accompanied by the well-known David Lubbe, who will give a brief introduction to the pieces that will be performed. Join us in celebrating the end of Summer School by listening to superb music and spotting the opera stars of the future.

## MUSIC ACROSS TIME

Grant Innes McLachlan, composer, Department of Music, University of Cape Town; Vox Cape Town

Wednesday 25 January ■ 7.00–8.30pm ■ ENTRANCE FEES R150

Venue Baxter Theatre Concert Hall

In the late twentieth century, several composers reacted against the inaccessible and difficult music of the avant-garde. Among these were the composers Arvo Pärt, Henryk Gorecki, Kim André Arnesen from Eastern and Northern Europe, and Eric Whitacre from the United States. The ethereal beauty of this music has captivated audiences worldwide. We will be presenting a selection from these composers performed by Vox Cape Town choir, interspersed with chamber music for strings and flute, including the sensitive and delicate miniatures of the British composer Jeremy Dale Roberts as well as music by Debussy. The performance, Of Light, a setting by Grant McLachlan of four South African poems, will conclude the programme.

## JAZZ ON THE LAWN

UCT Irma Stern Museum and jazz music students, South African College of Music, University of Cape Town

Saturday 28 January ■ 3.30-6.00 pm ■ ENTRANCE FEE R250 Venue UCT Irma Stern Museum, 21 Cecil Rd, Rosebank

Celebrate the end of the 2023 Summer School with 'Jazz on the Lawn' at the UCT Irma Stern Museum. Bring a picnic blanket, picnic and drinks and relax in the museum's beautiful secret garden whilst enjoying cool jazz sounds. Join other Summer School participants and bring your friends and family to this celebratory event.

## I CAME FROM THE WILDERNESS

John Maytham, presenter

Wednesday 18 January ■ 7.00 pm ■ COURSE FEES R110

Everyone's talking about rewilding: might it be possible to use poetry to rewild yourself so that you can sing the song of the Loch Ness monster, sound your barbaric yawp, nod briefly and become a cabbage? Performed by John Maytham and compiled by Finuala Dowling, this is an exhilarating hour-long exploration of poems that celebrate both the wild in you and the increasingly threatened wilderness we all depend upon. *I Came from the Wilderness* features rousing, funny, haunting and resonant poems by, among others, Walt Whitman, Carl Sandburg, Nikki Giovanni, D.H. Lawrence, Lewis Carroll, C.S. Lewis, Shel Silverstein, Jane Hirshfield and Tracy K. Smith.

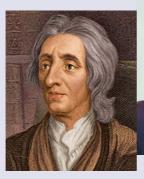
Wine, grape juice and snacks will be served after this performance.

Philosophy Politics Current **Affairs** History













# THE LONG VIEW: GETTING BEHIND THE HORROR OF SOUTH AFRICA'S HEADLINES

JP Landman, political-economic analyst

Thursday 26 January ■ 5.00 pm ■ COURSE FEES R110

This lecture will be introduced by well-known television presenter Ruda Landman. The lecture will provide an analysis of economic and political trends shaping South Africa, focusing on issues derived from these trends. The ANC's elective conference will be behind us and it will be approximately eighteen months before the next election and one month before the 2023 budget. It is the opportune time to take stock of where we are.

Wine, grape juice and snacks will be served after this lecture.

#### THE ENLIGHTENMENT

Emeritus Professor David Wolfe, physicist, University of New Mexico

Monday 16—Friday 20 January ■ 11.15 am ■ COURSE FEES R550

The Enlightenment is the general term applied to the eighteenth century. However, this term is often misunderstood. The eighteenth century was hugely influenced by the explosion of print media, the rapid spread of newspapers. During this period there was a great change in thinking, something which started in Britain with Isaac Newton and John Locke, but existed in many forms in many countries, particularly France. The world they were making is the world we have inherited, the secular value system to which most of us subscribe which upholds the worth of tolerance, knowledge, education and opportunity. Whereas progressives have praised these *philosophes* as the begetters of the Rights of Man and the American Republic, more right-leaning scholars blame the latter part of the Enlightenment for the Terror in France and for, eventually, begetting 'totalitarian democracy', including fascism, Nazism and Stalinism. The Enlightenment is a time when tolerance was central, and protagonists could shake hands on some matters and shake fists on others. This course will discuss aspects and features of the Enlightenment.

#### Lecture titles

- 1. The crucial change for humanity in the Enlightenment
- 2. The British: Newton and Locke
- 3. The British: Hume, Gibbon and Burke
- 4. The French: Diderot, d'Alembert, Condorcet
- 5. The end of the century

# EXPLORING EASTERN THOUGHT: RELIGIONS, PHILOSOPHIES AND CULTURES OF THE EAST

Kimberly and Carl Weichel, lecturers

Monday 23—Friday 27 January ■ 3.00 pm ■ COURSE FEES R550

Eastern philosophies and religions embody many virtues that are alluring: introspection, gentleness, sensitivity, fortitude and connection with mind and body. Sikhism, Jainism and ancient yoga in India, Buddhism, and Confucianism and Taoism in China, all have these virtues. But they are quite different in ideas, practices and histories. The Axial Age between 800 and 200 BCE was one of the most creative and influential periods, and is of pivotal importance to the evolution of human thought. Around the globe sages, moralists, philosophers and priests grappled with novel ideas about the nature of humanity. This course will explore the ethics, cosmology and theology that comprise many religious philosophies. Background will be given on the texts, symbols, images, practices and rituals, as well as the culture, politics and sociology. It will discuss how these enduring belief systems may help to address our contemporary problems, as well as Vedantic concepts such as death and rebirth, and liberation and knowledge. The course includes an exploration of the Vedantic traditions of Jainism, Sikhism and the philosophy and physiology of yoga in India.

#### Lecture titles

- 1. Philosophy and religion, the Axial Age
- 2. Indian Axial Age and Vedantic concepts
- 3. Jainism
- 4. Sikhism
- Ancient yoga

#### **BREAKING AWAY: GOING FOR GOOD**

Dr Jane Kelly, Centre for Social Science Research, University of Cape Town

Wednesday 25 January ■ 3.00 pm ■ COURSE FEES R110

This lecture will explore how former South African gang members understand and make sense of leaving gangs and staying away from gang involvement. It will show that they experience a profound transformation in identity in which they move away from the hardened, stoic gangster identity and embrace a more prosocial identity, such as being a positive role model in their community. This lecture will also highlight that former gang members' stories focus on their agency in the process of leaving gangs, which include developing an intention to change their lives and committing to and maintaining this change in spite of challenges they face, as well as taking personal responsibility for their pasts and striving for more independence. It also involves actively drawing on protective resources, such as meaningful and practical support from loved ones, religious belief systems, and being caring husbands and fathers as well as resources that are available to them within their environments, thus illustrating how the process of leaving and staying away from a gang is an interaction between inner and outer resources.

#### Recommended reading

Kelly, J. and Ward, C.L. 2020. Narratives of gang disengagement amongst former gang members in South Africa. *Criminal Justice and Behaviour*. Volume 47, number 11.

https://journals.sagepub.com/doi/10.1177/0093854820949603

# A 'HISTORY OF THE FUTURE' IN THE 21ST CENTURY: YUVAL NOAH HARARI

Anton A. van Niekerk, Distinguished Professor of Philosophy and Director: Centre for Applied Ethics, Stellenbosch University

Saturday 14 January ■ 1.00—3.00 pm ■ COURSE FEES R220

Yuval Noah Harari has proved himself to be one of the most prominent and accessible historians of the twenty-first century. He has not only popularised a so-called dialectic with the past, but also encouraged speculation about the history of the future. This double lecture critically engages with Harari's revolutionary projections in an attempt to evaluate the lessons and concerns that one ought to take away from his work. More specifically, the ever-increasing achievements in the worlds of science and technology need to be balanced by humility. *Homo sapiens* is in the unprecedented position to shape its own evolution — thanks to what is often termed 'the fourth industrial revolution' — and speedily move toward the emergence of a new kind of being. The very nature of being in such an unparalleled situation is that there now exists an unprecedented discontinuity between the past and present. With this in mind, is it even possible to make valid predictions about what the future holds in the manner that Harari does? Is it responsible of us to take on this task at all? These are some of the questions that this lecture will grapple with as an impetus for suggesting provisional guidelines for humanity to follow when we inevitably take the future into our own hands.

#### **ESCAPE FROM PRETORIA**

Tim Jenkin, Director, Community Exchange System

Thursday 12 January ■ 1.00 pm ■ COURSE FEES R110

In 1978 two anti-apartheid activists were arrested for their underground activities against the apartheid regime. They ended up with long prison sentences in Pretoria Prison, the maximum-security prison for white political prisoners at the time. After eighteen months they managed to escape from this prison with one other prisoner. This lecture will tell the story of their flight to freedom after they managed to walk out of the prison one evening after opening ten different doors. This is not just a story of lock-picking but one involving many challenges, such as resistance from the other prisoners, planning in the face of multiple unknowns, political differences, coping with the stress and fleeing the country in a hostile environment. The lecture will also discuss the 'getting in' and 'getting away' aspects, which are equally exciting and intriguing.

#### Recommended reading and viewing

Jenkin, T. 2020. Escape From Pretoria. Johannesburg: Jacana Media.

Jenkin, T. 1987. *Escape From Pretoria*. <a href="https://www.sahistory.org.za/sites/default/files/archive-files/escape\_from\_pretoria.pdf">https://www.sahistory.org.za/sites/default/files/archive-files/escape\_from\_pretoria.pdf</a>

Escape From Pretoria. 2012. National Geographic Breakout Series. <a href="https://www.youtube.com/">https://www.youtube.com/</a> watch?v=0WyeAaYjlxE&t=44s

The Vula Connection. 2014. eNCA. https://www.youtube.com/watch?v=29vrvKsKXPI&t=847s

# THE RUSSIAN WAR IN UKRAINE: THE ORIGIN, NARRATIVES AND POTENTIAL IMPACTS ON THE AFRICAN CONTINENT

Dzvinka Kachur, research fellow, Centre for Sustainability Transition, Stellenbosch University

Tuesday 17—Friday 20 January ■ 3.00 pm ■ COURSE FEES R440

The course will explore the origins of the Russian war in Ukraine, historical narratives, economic and military dependencies, and current impacts. It starts with the critical differences in the Ukrainian self-narrative and how Russia views Ukrainian history: from Kyivan Rus to Cossacks, through the Holodomor, World War II to the Soviet Union.

The collapse of the Soviet Union led to several challenges: the nuclear weapon, the military fleet, and economic and energy interconnectedness. In February 2022, Putin announced a 'special military operation' to denazify, demilitarise and prevent Ukraine from joining NATO. The key processes and geopolitical events that moved Ukraine from neutrality to pro-NATO and from a pro-Russian to a pro-EU country will be analysed.

The Russian aggression includes military intervention, cyber attacks, disinformation and energy blockades. The military intervention from 2014 to 2022 has transformed Ukrainian identity and made compromises on sovereignty and territorial integrity impossible. Thus, the full-scale invasion was seen as a necessary option to maintain control over Ukraine.

The prospects of a third world war, the potential use of nuclear weapons, the humanitarian crisis, and the unprecedented sanctions introduced by different governments raise significant challenges and opportunities to transform and decolonise the global governance and financial systems. What is the South African response? And what is the potential impact on global governance, food and energy security for the African continent?

#### Lecture titles

- 1. Ukrainian-Russian history: the battle of narratives colonialism or brotherhood
- 2. The collapse of the Soviet Union and its challenges
- 3. The Russian-Ukrainian war: 2014-2022
- 4. The implication of the war on the African continent: food, energy and global security

## Recommended reading

Plokhy, S. 2017. The Gates of Europe: A History of Ukraine. New York: Basic Books.

Applebaum, A. 2017. Red Famine: Stalin's War on Ukraine. London: Allen Lane.

Kostenko, Y. 2021. Ukraine's Nuclear Disarmament: A History. Boston: Harvard University Press.

Snyder, T. 2022. *The War in Ukraine Is a Colonial War.* <a href="https://www.newyorker.com/news/essay/the-war-in-ukraine-is-a-colonial-war">https://www.newyorker.com/news/essay/the-war-in-ukraine-is-a-colonial-war</a>

Gumede, W. 2022. The Russia-Ukraine War: What has been the impact on South Africa and fellow BRICS members and on African economies. <a href="https://www.inclusivesociety.org.za/post/the-russia-ukraine-war-impact-on-south-africa-fellow-brics-members-and-africa">https://www.inclusivesociety.org.za/post/the-russia-ukraine-war-impact-on-south-africa-fellow-brics-members-and-africa</a>

## 882 AD: THE ORIGINS OF PUTIN'S UKRAINIAN WAR

Chris Danziger, lecturer

Saturday 21 January ■ 10.00 am-12.00 pm ■ COURSE FEES R220

Putin and his inner circle claim that Russians and Ukrainians are one people, that Ukraine is a temporary and illogical historical aberration, and that its very existence poses a threat to Russia's security and sovereignty. Setting aside our revulsion at Putin's corrupt, brutal and tyrannical regime, this double lecture will assess what merit, if any, there may be in Putin's assertions, and how they shaped the thinking behind his Ukrainian war.

#### Lecture titles

1. Ukraine: nation or creation

2. Putin's war: plunder or blunder?

## **Recommended reading**

Plokhy, S. 2017. Lost Kingdom. New York: Basic Books.

Plokhy, S. 2016. The Gates of Europe. Penguin. New York: Basic Books.

Reid, A. 1997. Borderland. London: Weidenfeld and Nicholson.

# THE WORLD AND SOUTH AFRICA BEYOND 2023: THE LATEST FLAGS, SCENARIOS AND PROBABILITIES

Clem Sunter, futurist

Monday 16 January ■ 1.00 pm ■ COURSE FEES R110

This lecture will discuss the latest status of the following global flags: the red flag of Russia, China and North Korea and their relationship to the West; the green flag of climate change and the increase in frequency of extreme weather events; the inequity flag and how the rising cost of living is causing economic woes for the middle and working classes around the world and increasing the wealth and income gap between the rich and the poor; the national debt flag and how higher interest rates could cause defaults on loans not only extended to governments but also to companies and individuals; the crowded space flag and rising odds of a collision between satellites in space; and the technology flag whereby new technologies can come out of the blue to improve the fortunes of humankind in the long-run.

The lecture will then cover the two scenarios for the world economy in and beyond 2023, the first one being 'friendly planet' where increasing co-operation between nations leads to swifter recovery than anticipated from the Covid-19 pandemic; and the second one being 'gilded cage' where the West becomes increasingly isolated from the rest of the world and international divisions multiply. Against the global backdrop there will be an up-to-date assessment of the two South African scenarios covered in the recently published book, *Thinking the Future*, the positive one being 'people's economy' of a new generation of local entrepreneurs transforming the country's prospects for the good; and the negative one being 'cautionary tale', where growing disunity and violence could end up in a situation of total anarchy.

# CONSTRUCTING, DECONSTRUCTING AND RECONSTRUCTING CIVIL SERVICE IN DEMOCRATIC SOUTH AFRICA

Ivor Chipkin, researcher

Wednesday 25—Friday 27 January ■ 9.15 am ■ COURSE FEES R330

Success stories in building effective government often appear to be simple. The narrative is frequently echoed: inefficiency in public administrations reaches unbearable levels, causing social dissatisfaction, encouraging the formation of pro-reform coalitions that in turn encourage the approval of legislation and institutions that change the manner of recruiting, training and evaluating public servants and generating incentives for the professionalisation of public administration.

This type of narrative, however, is fallacious. All over the world, the construction of professional public administrations is a troubled political process, with advances and setbacks. Inspired by Merilee S. Grindle's work on the winding process of building professional bureaucracies in Latin America, the objective of this course will be to address the process of reform and modernisation in democratic South Africa, highlighting the political-institutional dynamics that have influenced the construction, deconstruction and reconstruction of the public service in the country over the past three decades.

#### Lecture titles

- 1. Construction and architecture of the post-apartheid government
- 2. Deconstruction and crisis of government in South Africa
- 3. Reconstruction and reform of the government

#### Recommended reading

Picard, L.A. 2005. *The state of the state: Institutional transformation, capacity and political change in South Africa*. Witwatersrand University Press: Johannesburg.

Twala, C. 2014. The African National Congress (ANC) and the Cadre Deployment Policy in the Post-apartheid South Africa: A Product of Democratic Centralisation or a Recipe for a Constitutional Crisis? *Journal of Social Sciences*, 41(2), 159–165.

Sachs, M. 2021. Fiscal Dimensions of South Africa's Crisis. Southern Centre for Inequality Studies. University of the Witwatersrand.

Muthien, Y. 2014. Public service reform: key challenges of execution. *The Strategic Review for Southern Africa*, 36(2).

## SOUTH AFRICA'S 1994 ECONOMIC COMPACT AFTER 28 YEARS

John Matisonn, author, columnist

Thursday 19 January ■ 1.00 pm ■ COURSE FEES R110

While the nature of the political settlement of 1994 is widely understood, the economic settlement remains hotly contested and controversial. Political and academic critics have panned it as a 'sell-out' or 'betrayal', but supporters in the ANC have been timid in defending and explaining how it came about.

This lecture draws on recent research to explain who the real drivers of the settlement were, as well as why and how the ANC's long-term socialist inclinations were so comprehensively side-lined in government economic policy between 1990 and 1994. It will also draw on recent work to interpret South Africa's real — as opposed to rhetorical — 'social compact', and how it compares with its African counterparts, to offer a new model social compact that draws on African and Asian successes and recognising the nature of South Africa's failures.

## **Recommended reading**

Padayachee, V. and Van Niekerk, R. 2001. *Shadow of Liberation*. Johannesburg: Wits University Press. Dercon, S. 2022. *Gambling on Development*. London: Hurst Publishers Limited. Matisonn, J. 2019. *Cyril's Choices, An Agenda for Reform*. Ideas for Africa.

# THE ANC BELOW 50%: WHAT IS THE ROAD AHEAD?

Jan-Jan Joubert, journalist

Friday 13 January 1.00 pm COURSE FEES R110

In the light of recent events surrounding the ANC National Conference, political journalist and author Jan-Jan Joubert uses statistical and political analysis to project the most likely outcome of the 2024 general election, and the impact on the road ahead for South Africa. Every projection shows the ANC falling below 50%, which would be historic. Any potential government needs 50% plus one seat in the legislature to form a stable government. What does the DA have to do to get to 50% and govern the country in a new way? Will the EFF be the kingmaker, and how should other opposition parties approach them? Can the ANC cobble together a coalition? What are the prospects of Action SA, Inkatha, the Freedom Front Plus and smaller parties? More importantly than the maths, Joubert looks at the policy deals, the financial and fiscal choices and the egos involved in the making of deals, in answering questions about whether our country might end up on the way to a better future.

## ANATOMY OF STATE CAPTURE

Robyn Foley, researcher, Centre for Sustainability Transition, Stellenbosch University

Thursday 26—Friday 27 January ■ 3.00 pm ■ COURSE FEES R200

The course will provide participants with a deeper understanding of the phenomenon of state capture: what it entails, how it manifests and why it remains an ever-present threat to South Africa's democracy. It will discuss the complexities of state capture in terms of understanding the objectives, scale and implications.

The first lecture draws on five years of research, based on twenty-eight investigations, inquiries and court cases, and on knowledge and insights from a variety of experts from different disciplines and sectors. This aims to provide a holistic overview of what transpired under the Zuma administration. The second lecture will introduce the concept of rackets, to clarify how state capture was able to occur and what needs to change if it is to be avoided in future. This will be done by exploring the relevant case studies contained in the *Anatomy of State Capture*.

#### Lecture titles

- 1. Anatomy of state capture: more than a form of 'grand corruption'
- 2. Understanding rackets: how state capture happens and why no-one stopped it

## Recommended reading

Bhorat, H. et al. 2017. Betrayal of the Promise: How South Africa is being stolen. South Africa. <a href="http://markswilling.co.za/wp-content/uploads/2017/05/25052017-Betrayal-of-the-Promise.pdf">http://markswilling.co.za/wp-content/uploads/2017/05/25052017-Betrayal-of-the-Promise.pdf</a>. Callaghan, N., Foley, R. and Swilling, M. 2021. Anatomy of State Capture. Stellenbosch: African Sun Media. <a href="https://books.google.co.za/books?id=qTFREAAAQBAJ">https://books.google.co.za/books?id=qTFREAAAQBAJ</a>.

Please note that this course will be livestreamed into the lecture theatre in the Kramer Law Building and that a lower fee applies.

## PREDATOR POLITICS

Rehana Rossouw, writer, editor

Monday 9 January ■ 1.00 pm ■ COURSE FEES R110

This lecture will discuss the early roots of state capture, perfected in Mpumalanga in the first term of the first democratic government. The lecture is based on the book, *Predator Politics*, which lays out the schemes that led to state agencies acting against the interests of citizens and perverting the course of justice. Against all odds whistle blower Fred Daniel, the subject of the book, has sought justice in South African courts for the victimisation he suffered when he made their get-rich-quick schemes public.

## **Recommended reading**

Swilling, M. et al. 2018. Shadow State: The Politics of State Capture. New York: NYU Press.

## NARRATIVES AND STATES OF VIOLENCE

Irvin Kinnes, Kelley Moult, Simon Howell, Sisanda Mguzulwa, Annette Hübschle, Anine Kriegler, University of Cape Town

Monday 16—Friday 21 January ■ 3.00 pm ■ Saturday 21 January ■ 1.00 pm ■ COURSE FEES R660

This six-lecture course examines new emerging narratives of violence across five areas: gang violence and mass killings; gender-based violence; drugs and associated violence; youth and violence; wildlife poaching and lastly, understanding violence through statistics. In all these forms of violence, new patterns emerge about our violent society. Participants will engage with new understandings on emerging forms of violence on the Cape Flats, especially in Khayelitsha and Nyanga; shifting forms of gender-based violence and femicide; drugs and violence in South Africa; new forms of youth violence; violence associated with wildlife poaching and increasingly militarised responses thereto; and new insights into violence through engaging police statistics. This course brings together new understandings of the state of violence in South Africa by six experts in criminology. Participants will have the opportunity of engaging in innovative discussions about the state of violence in South Africa through examining emerging trends.

#### Lecture titles

- 1. Gang mass killings on the Cape Flats Associate Professor Irvin Kinnes
- 3. Explaining violence through statistics Dr Anine Kriegler
- 4. Narratives of youth violence Dr Sisanda Mguzulwa
- 5. Violence associated with wildlife poaching and responses Dr Annette Hübschle
- 6. Drugs and violence in South Africa Dr Simon Howell

#### Recommended reading

Kriegler, A. and Shaw, M. 2015. A Citizen's Guide to Crime Trends in South Africa. Cape Town: Jonathan Ball Publishers.

Petrus,T. and Kinnes, I. 2018. New social bandits? A comparative analysis of gangsterism in the Western and Eastern Cape provinces of South Africa. *Criminology & Criminal Justice*, 1–18.

https://doi.org/10.1177/1748895817750436

Hübschle, A. 2017. The social economy of rhino poaching: of economic freedom fighters, professional hunters and marginalized local people. *Current Sociology*, 65(3), 427–447.

https://doi.org/10.1177/0011392116673210

Mguzulwa, S. and Gxubane, T. 2019. The impact of youth gang violence on the educational attainment of male high school learners in Khayelitsha. *Social Work*, 55(3), 266. https://doi.org/10.15270/55-3-739

# MINIBUS TAXIS: HISTORY, TRANSFORMATION AND POSITIONING

Yasir Ahmed, Mark L. Skriker, Mario Brown, Bernadette MacMahon

Monday 23-Wednesday 25 January ■ 9.15 am ■ COURSE FEES R330

The course will cover the story of minibus taxis as they evolved from ride-share Valiants to Combi-taxis to their present-day forms. The central role that minibuses have played — and continue to play — in transporting some 60% of all daily commuters in the context of a failed railway system and shrinking subsidies for bus services will be explored.

#### Lecture titles

- 1. The history and evolution of the minibus taxis industry Yasir Ahmed
- 2. Making the best of a weak planning and regulatory framework for public transport

Mark L. Skriker, Mario Brown, Yasir Ahmed

3. Lessons from the blue dot taxi pilot programme Yasir Ahmed, Bernadette MacMahon

# WHO SHOT OLOF

Madi Gray, journalist

Thursday 26 January ■ 1.00 pm ■ COURSE FEES R110

A week after condemning the apartheid system at a People's Parliament in Sweden in February 1986, Prime Minister Olof Palme was shot dead on a street in central Stockholm. From the first, questions were asked about a possible South African clandestine involvement in the assassination.

Official Sweden has identified a possible shooter, but many thinkers are sceptical, and the sifting of clues continues. Madi Gray reviews the indicators.

 $\textbf{TO BOOK:} \ \underline{\text{https://www.webtickets.co.za/v2/performance.aspx?itemid} = 1518462031}$ 

## 120 YEARS OF WOMEN'S POLITICAL STRUGGLES

Professor Gertrude Fester, researcher, Centre for African Studies, University of Cape Town

Monday 23—Friday 27 January ■ 3.00 pm ■ COURSE FEES R550

This course will highlight the complexity and diversity of women's movements in South Africa. As much as there was complementarity and solidarity with the national liberation movements, there were occasional tensions between the male-led liberation movements and the grassroots women's structures. One of the main themes of the liberation struggle is that the women's struggle was 'subsumed' by the national anti-apartheid agenda. Whether this is the case will be reviewed. The course draws on rich resources, varying from archival material, numerous personal interviews, literature reviews, organisational documentation and personal experience.

#### Lecture titles

- 1. Racial dynamics of the Suffragette movement (1895)
- 2. The growth of grassroots women's activism (1930-1959)
- 3. The 1973 strikes and 1976 uprisings: catalysts to mass grassroots struggle
- 4. Women's grassroots struggles (1980-1990)
- 5. Women's national coalition: putting gender on the agenda

#### **Recommended reading**

Hassim, S. 2006. Women's Organisations and Democracy in South Africa: Contesting Authority. Scottsville: University of KwaZulu-Natal, KwaZulu-Natal Press.

Walker, C. 1982. Women and Resistance in South Africa. London: Onyx Press.

Meintjes, S. 1996. 'The Women's Struggle for Equality during South Africa's Transition to Democracy'. Transformation, 30. 47–64.

Fester, G. 2015. South African Women's Apartheid and Post-Apartheid Struggles: 1980–2014. Saarbrucken: Scholars Press.

# PAN-AFRICANISM AND AFRICAN INTEGRATION IS A NECESSITY, NOT A CHOICE

Keith Gottschalk, political studies lecturer, University of the Western Cape

Tuesday 17 January ■ 1.00 pm ■ COURSE FEES R110

In the 1810s the Federation of Central American States disintegrated into six countries; Gran Columbia broke up into four states in South America. They remained impoverished for two centuries, derided as 'banana republics'. By contrast, in 1789 thirteen north American states agreed to upgrade their confederation to a federation with a common market. This enabled an industrial revolution, and they grew into the United States of America — a world power. Imagine what the world would be like if those fifty US states were today independent countries levying import duties against one another? Or if India remained divided between fifty princely states? Or if China was still divided between fifty warlords? Kwame Nkrumah lobbied in 1963 for a United African States, a federation with one department of international affairs, one department of defence, and a common market. This was only five years after the European Common Market began. This lecture argues that Pan-Africanism and African integration is not a choice — it is a necessity, regardless of how long it takes. We will review the past six decades of institution-building.

## **Recommended reading**

Gottschalk, K. 2022. Re-thinking Pan-Africanism and African Integration. African Journal of Political Science (1).

# SOUTH AFRICA'S BLACK MIDDLE CLASS: PAST, PRESENT AND FUTURE

University of Cape Town Liberty Institute of Strategic Marketing

Tuesday 17 January ■ 9.15 am ■ COURSE FEES R110

In this lecture we will explore the transformational journey experienced by South Africa's black middle class over the last thirty years. From a completely new segment at the birth of democracy through a number of economic highs and lows, the black middle class continues to be crucial to South Africa's development. The UCT Liberty Institute has been researching the black middle class for almost twenty years and was known in the 2000s for its Black Diamond Reports (a term no longer used). With a long history of research on the subject of consumer behaviour, this presentation will look at definitions, size and characteristics of the black middle class, assessing both the changes that have happened and what is in store for the future.

## **Recommended reading**

Lappeman, J., Egan, P., Rightford, G. and Ramogase, T. 2021. *Marketing to South African Consumers, Cape Town, South Africa*: UCT Library. Download: https://openbooks.uct.ac.za/uct/catalog/book/29

Bhorat, H., Kimani, M.E., Lappeman J. and Egan, P. 2021. Characterisation, definition, and measurement issues of the middle class in sub-Saharan Africa. *Development Southern Africa*, 1–18.

Lappeman, J., Du Plessis, L., Ho, E., Louw, E. and Egan, P. 2021. Africa's heterogeneous middle class: a 10-city study of consumer lifestyle indicators. *International Journal of Market Research*, 63(1), 58–85.

# PHILOSOPHICAL LIVES

Professor John Higgins, senior research scholar, University of Cape Town

Monday 23—Friday 27 January ■ 3.00 pm ■ COURSE FEES R550

The economist William Maynard Keynes put it well: the common-sense of today is the legacy of the philosophical thinking of the past. We are all marked by the work, thoughts and insights of the great philosophers. And this usually comes through in the hard-earned prestige which makes a name recognisable, even if the work is unread. Who hasn't heard of John Locke's contribution to the theory and practice of liberalism? Who can deny having heard of Karl Marx and the theory of alienation or the system of capital? In this series of lectures we examine the different ways in which the lives of philosophers provided the grounds for some of their most powerful thinking. In each case we will make use of a short key text and/or extracts as the basis for discussion. We will show the ways in which these powerful thinkers engaged with the received ideas of their time.

#### Lecture titles

- 1. John Locke: knowledge, democracy and the association of ideas
- 2. David Hume and Jean-Jacques Rousseau: sympathy, paranoia and political society
- 3. Karl Marx: press freedom and public knowledge
- 4. Ludwig Wittgenstein: thinking in society
- 5. Frantz Fanon: alienation and understanding

## A VOYAGE OF DISCOVERY: THE TRANS-SIBERIAN RAILWAY

Chris Danziger, lecturer

Monday 23—Friday 27 January ■ 9.15 am ■ COURSE FEES R550

The West has always found Russia an unfathomable place. Churchill famously described it as a 'riddle, wrapped in a mystery, inside an enigma'. For all the spotlight thrown on it, recent events have only intensified the enigma. The enigma is only likely to deepen in Russia's present status as a pariah state. A journey through Russia may solve some of those riddles. The best way to travel is on what is probably the most famous railway in the world, the Trans-Siberian Railway. Not only does it span Russia's 6 000 miles and nine time zones, but it also links all the light and dark phases of Russian history. We will make the five stops which best illustrate that historical journey—starting in another country, Ukraine, and finishing in another continent, Asia. The story of the Trans-Siberian Railway itself is fascinating enough in its own right but from its windows the whole of Russian history unravels from its pagan beginnings to the would-be superpower of today.

#### Lecture titles

- 1. Kiev: conquerors and converts
- 2. Moscow: from wooden fort to evil empire
- 3. Kazan: the last Mongol stronghold
- 4. Ekaterinburg: straddling two continents
- 5. Vladivostok: the lord of the east

#### **Recommended reading**

Figes, O. 2003. Natasha's Dance. Penguin.

Galleoti, M. 2021. From the Pagans to Putin. London: Ebury.

Newby, E. 1986. The Big Red Train Ride. London: Penguin.

Thubron, C. 2004. Among the Russians. London: Vintage.

# NAPOLEON, THE ROSETTA STONE, AND THE DECIPHERING OF ANCIENT EGYPT

Chris Danziger, lecturer

Wednesday 18—Friday 20 January ■ 9.15 am ■ COURSE FEES R330

In 1798 the French government encouraged the rising star Napoleon Bonaparte to attack Egypt as a first step towards crippling Britain's trade with India. One unexpected result of the expedition was the discovery at Rosetta of a granite block on which was carved in hieroglyphs a Pharaonic decree from the second century BCE. But what was special about the Rosetta Stone was that it had a parallel translation in Greek, offering the prospect of decoding the previously indecipherable Egyptian script. It became the Holy Grail of scholars all over the world. Lithographic copies circulated everywhere. The French may have lost the stone to the British as part of the surrender terms of 1802, but twenty years later French scholars won the race to crack one of the most celebrated codes in all history.

#### Lecture titles

- 1. Napoleon's Egyptian campaign: the myth and the reality
- 2. The Rosetta Stone: a window on a lost world
- 3. Decoding the stone and the recovery of ancient Egypt

#### **Recommended reading**

Allin, M. 1998. Zarafa. London: Headline Press.

Buchwald J.Z., 2020. The Riddle of the Rosetta. Princeton, New Jersey: Princeton University Press.

Robinson, A. 2012. Cracking the Egyptian Code. London: Thames and Hudson.

## GENERALS BOTHA AND SMUTS AND THE FIRST WORLD WAR

Dr Antonio Garcia, research fellow; Professor Ian van der Waag, Department of Military History, Stellenbosch University

Monday 23—Tuesday 24 January ■ 5.00 pm ■ COURSE FEES R220

These lectures will examine the varied, complex roles played by Generals Louis Botha and Jan Smuts during the First World War. Uniquely in this war, they formed the apex of the country's political and military leadership. Fascinating and enigmatic figures, they loom large on the South African, British Imperial and Commonwealth historical landscapes. The course will explore their similarities and differences, and welcome in-depth discussion on the emotional intelligence of Botha — a man lionised in his own day, and the Union's first Prime Minister — and the intellectual prowess of Smuts, his deputy and the Minister of Defence. They are flawed yet significant figures, and we invite you to share in our debate on how Botha, appealing to different audiences in a fractured South Africa, demonstrated his understanding and pragmatic approach to business, agriculture and war. In comparison, Smuts applied his intellect and energy to South Africa's problems using the pen and the sword in equal measure, but seemingly with little long-term resolution for the national problems their leadership and succeeding generations of South Africans would face.

Once prominent, they are today divisive figures that represent different things to different people. We offer a contemporary discussion putting Botha and Smuts in the context of the ongoing historical dialogue. These brilliantly imperfect figures were in some ways like Greco-Roman heroes. They fought seemingly insurmountable odds, and at times achieved great victories, but they were also warriors who made startling errors, and ultimately — in classical fashion — they were crushed by the weight of the world they tried to create.

#### Lecture titles

- 1. Botha, Smuts and the Great War, 1914–1916: on campaign
- 2. Botha, Smuts and the Great War, 1917-1918: Pretoria and London

#### Recommended reading

Garcia, A. and Van Der Waag, I. 2022. Botha, Smuts and the Great War. Warwick: Helion & Co.

# DR HENRY LICHTENSTEIN IN THE CAPE: REMARKABLE AND FORGOTTEN

Dr Roger Stewart, researcher and author

Monday 9-Friday 13 January ■ 9.15 am ■ COURSE FEES R550

This course will discuss the life and work of Dr Henry Lichtenstein. Lichtenstein arrived at the Cape after qualifying in medicine, as the tutor of Governor Janssen's son, Hendrik. During this time he undertook three long journeys with Hendrik and with Commissary General Abraham de Mist and his daughter, managed a new dysentery epidemic on Rondebosch Common and implemented an exemplary smallpox containment and prevention campaign.

On his return to Europe he wrote a book on his experiences in southern Africa, produced maps of the Cape Colony and the 'Territory of the Bechuana', wrote articles on the two epidemics he managed, described healthcare in the Cape hospitals, wrote on the ethnography of the BaThlaping and history of the Cape, contributed to the exploration of natural history of the Cape, became a professor of zoology in Berlin, co-established the Tiergarten, and wrote a history of song in Berlin.

His living memorials in South Africa include Lichtenstein's hartebeest, the impala, the plant genus *Lichtensteinia*, and species epithet *lichtensteinii*.

#### Lecture titles

- 1. Lichtenstein's journeys
- 2. Amoebic dysentery and hospital care
- 3. Lichtenstein and early European descriptions of the BaThlaping
- 4. Lichtenstein's contribution to natural history
- 5. Lichtenstein, Burchell and Barrow

## **Recommended reading**

Stewart, R.I. 2021. *A Cape Odyssey*. Hermanus: Footprint Press. https://footprintpress.co.za/product/a-cape-odyssey-hard-cover/

Roger Stewart's latest book on William John Burchell has just been released: *Burchell's African Odyssey:* revealing the return 1812–1815 (Cape Town: Struik Nature). Copies at 25% discount are available to Summer School participants from the author at www.burchellsodyssey.com.

Emeritus Professor Nigel Worden, University of Cape Town

Monday 23—Friday 27 January ■ 11.15 am ■ COURSE FEES R550

In recent years historians have given greater attention to 71% of the Earth's surface that is often neglected: the oceans. This course examines the new field of 'oceanic history'. It moves beyond traditional accounts of shipbuilding technologies and individual feats of maritime exploration and instead probes the ways in which the sea has affected wider human histories between ancient times and the recent past. Why did people, material objects and ideas travel across the sea and what impact did these journeys make? How did the experience of seafaring affect people? Did oceans divide or connect societies located on their shores? Did they create new societies? Each lecture will explore such issues in relation to a specific maritime region. Where appropriate, special attention will be given to oceanic influences on our own city and continent.

#### Lecture titles

- 1. History and the sea: the Mediterranean
- 2. Maritime lakes: the Black, Baltic and North Seas
- 3. Making an Atlantic world
- 4. Africa and the Indian Ocean world
- 5. The Great Ocean: the Pacific and the China Seas

## ANCIENT CHILDHOOD IN ART AND TEXT

Samantha Masters, senior lecturer, Department of Ancient Studies, Stellenbosch University

Monday 9—Friday 13 January ■ 11.15 am ■ COURSE FEES R550

Ancient childhood challenges contemporary ideas about children. The childhoods of Greeks and Romans show that phases of childhood and the treatment of children do not easily map onto modern understandings. Is 'childhood' a universal concept, or differently constructed by different societies across time and place? Has childhood universally been considered a special and vulnerable category of the human lifespan, as is the ideal in modern Western society? In this course we will investigate ancient ideas about childhood and the treatment and experiences of Greek and Roman children through texts, material and visual evidence. From images of crawling babies or hunting youths, to potties, baby-feeders, toys and grave stelai, we can learn much about how childhood has, over time, been constructed according to culture, gender, class and other social factors. Through this lens we can reflect on our own preconceptions about childhood as a category in general and evaluate our thinking about, and approaches to, this early phase of life.

#### Lecture titles

- 1. Defining childhood
- 2. Playful girls and suicidal maidens: girlhood in ancient Greece
- 3. Boys, youths and soldiers: ancient Greek men in the making
- 4. Roman childhood in context
- 5. (Re)Defining childhood: reflections on ancient and modern views

# FAMILY SILVER: BURIED SEPTEMBER 1939; RETRIEVED OCTOBER 2019

Emeritus Professor Jan Glazewski, University of Cape Town

Wednesday 11 January ■ 1.00 pm ■ COURSE FEES R110

Jan Glazewski's forbears came from a pre-World War II landowning family in then eastern Poland, now in Ukraine. His father's and grandfather's hometown was Lviv, but the latter owned a farm in the country near the then Russian border. Jan's father, Gustaw, was farming the land when war broke out. Before leaving, Gustaw buried the family silver in a forest near his father's manor house. Jan heard the story of the buried silver in faraway USSR, later Ukraine, throughout his growing-up years and became consumed with the idea that one day he must find it. Against all odds, with the help of sketch map drawn by his father, his niece, and a Ukrainian citizen with a metal detector, he unearthed the family silver in October 2019, virtually eighty years to the day after it was buried. The area in question, including Lviv, was incorporated into the Union of Soviet Socialist Republics (USSR) at Yalta in 1945 and is today in Ukraine.

## **Recommended reading**

Glazewski, J. 2022. *Blood and Silver*. Cape Town: Tafelberg. https://www.emptymirrorbooks.com/personal-essay/my-fathers-map

# IN CONVERSATION: FINDINGS FROM THE ZONDO COMMISSION

Terence Nombembe CA (SA), member of the South African Institute of Chartered Accountants; John Maytham, presenter

Saturday 21 January ■ 10.00–11.00 am ■ COURSE FEES R110

Terence Nombembe, who held the crucial post as Head of Investigations on the Zondo Commission, will be in conversation with John Maytham. This conversation will address several key questions which includes how it was possible for the level of corruption to happen under the watch of so many people and how this corruption could have been prevented. The discussion will also focus on what oversight and governance structures were in place and how they were bypassed, areas of risk, the impact on citizens of the country and the all-important question of how corruption on this scale can be prevented in future.

### IN CONVERSATION: SURVIVAL OF THE ANC

John Matisonn, author, columnist, Ralph Mathekga, author, political commentator

Saturday 14 January ■ 10.00–11.00 am ■ COURSE FEES R110

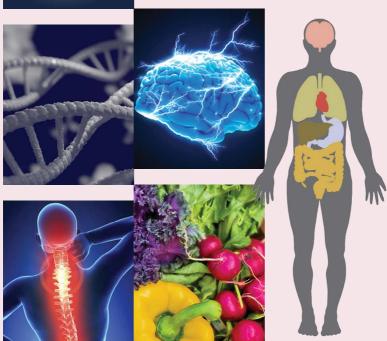
With December 2022's ANC's elective conference over and the party unable to pay its staff on time, can the ANC survive, or is it doomed to go the way of the two other dominant governing parties of the twentieth century, the National Party and the United Party? What will its decline look like? What are the factors that will lead it to split between the Radical Economic Transformation (RET) faction and the Ramaphosa faction, and how is that likely to occur?

What will a post-Ramaphosa ANC look like? How will leaders like former President Thabo Mbeki as well as the tripartite alliance partners, Cosatu and the South African Communist Party, position themselves as the ANC no longer controls the major metros and its grip on central government slips?



### Medicine





### HUMAN SEXUALITY: UNDERSTANDING THE NEW PARADIGM

Ian Aaronson, Distinguished Emeritus Professor, Medical University of South Carolina

Monday 23-Tuesday 24 January ■ 11.15 am ■ COURSE FEES R220

We are presently witnessing a profound societal change in which the full spectrum of sexual differences, beyond the traditional male/female construct, are being openly discussed and increasingly accepted.

The first lecture will define these differences and place them in their cultural and historical context. We will then critically examine the current evidence hinting at their possible biological or environmental causes.

The second lecture, by contrast, will describe the well-defined missteps in the developing human embryo which lead to the formation of external genitalia which have an ambiguous appearance. The work-up of such infants will then be described, designed to pinpoint the precise underlying cause, which in turn largely dictates the recommendations given to the parents regarding management.

### Lecture titles

- 1. LGBTQ: the spectrum of human sexuality explained
- 2. The investigation and management of the new-born with ambiguous genitalia

Please note that it is the request of this lecturer to present his course to a masked audience. KN95 masks will be provided at the door of the lecture theatre.

### **BRAINS, CHEMICALS AND ELECTRICITY**

Associate Professor Joseph Raimondo, Professor Jo Wilmshurst, Dr Nico Enslin, University of Cape Town

Monday 23—Wednesday 25 January ■ 5.00 pm ■ COURSE FEES R330

Epilepsy is the most common neurological disorder and disproportionately affects sub-Saharan Africa. This course will delve into what happens on a cellular level during an epileptic episode and how this can be studied in a laboratory setting. Additionally, some of the causes of epilepsy will be examined, as well as how studying epilepsy helps us understand how the brain works. The problem of epilepsy in children will be discussed with particular focus on what is unique about the child brain. Finally, the course will cover surgery for epilepsy and the practices around surgical interventions.

### Lecture titles

- 1. An epileptic window into the brain Associate Professor Joseph Raimondo
- 2. Managing children with epilepsy: a moving target Professor Jo Wilmshurst
- 3. Fixing the broken network: how to cure epilepsy with surgery Dr Nico Enslin

### Recommended reading

Sacks, O. 2012. The 'Sacred' Disease from the book Hallucinations. New York: Vintage.
 Samia, P. et al. 2022. Epilepsy research in Africa: A scoping review by the ILAE Pediatric Commission Research
 <u>Advocacy Task Force</u>. Epilepsia. DOI: 10.1111/epi.17321. Online ahead of print. PMID: 35729725.
 Nowell M. et al. Advances in epilepsy surgery. Journal of Neurology, Neurosurgery & Psychiatry, 1273—1279.

Participants will earn 3 CPD points for this course.

### **NEUROSCIENCE THEN AND NOW**

Dr Hayley Tomes, Science Communications Officer, Neuroscience Institute, University of Cape Town

Monday 23—Tuesday 24 January ■ 9.15 am ■ COURSE FEES R220

This course will examine some case studies of how neuroscience was studied in the past, prior to the technological advances we have today. Some ingenious psychological techniques were used to tease out functionality of different brain regions before imaging and genetic technologies allowed us to see inside the 'black box'. Modern techniques such as optogenetics, calcium imaging, Diffusion Tensor Imaging, Brainbow, electrophysiology and connectomics enable study of the brain in minute detail, and will be explored in the second lecture.

### Lecture titles

- 1. Neuroscience then
- 2. Neuroscience now

### Recommended reading

Sacks, O. 1985. The man who mistook his wife for a hat. New York: Summit Books.
Seung, S. 2012. Connectome: How the Brain's Wiring Makes Us Who We Are. Boston: Houghton Mifflin Harcourt.

Participants will earn 2 CPD points for this course.

### SCIENCE MARCHES ON: FASCINATING DEVELOPMENTS

Emeritus Professor Anwar Mall, University of Cape Town

Wednesday 25-Friday 27 January ■ 11.15 am ■ COURSE FEES R330

As the march of science continues, it never fails to surprise. One example is the amazing information emerging about the brain and its relationship with the body, particularly the gut. Standard medical textbooks have focused on the physiology and anatomy of the major organs and systems of the body, treating each as an isolated entity. The brain, for generations, was the seat of control of the entire body. No mention was made of emotions, feelings, instincts, or consciousness. These were regarded as subjective activities in one's daily existence, not suitable for the objectivity required by the empirical method of scientific investigation. It was brave neuroscientists like Francis Crick (the co-discoverer of the structure of DNA), Antonio Damasio and, later, others who tackled aspects of the 'mind-making' part of the brain, available to the public in popular literature.

However, something even more bizarre has entered the fray (a paradigm shift in our thinking of matters of brain-mind), with the recent discoveries of the microbiome and microbiota in the gut. We now speak of the gutbrain axis (with the gut considered to be the second brain), the human being a superorganism and feelings 'felt' in our guts rather than in the brain.

Some of these ideas will be shared over the three lectures in this series.

### Lecture titles

- 1. Expert views on brain-mind
- 2. Homeostasis: precursor of feelings
- 3. Gut-brain axis

### **Recommended reading**

Damasio, A. 2012. Self comes to Mind. New York: Vintage Books.

Sapolsky, R. 2017. Behave. New York: Penguin Random House.

Solms, M. 2021. The Hidden Spring. London: Profile Books.

Zimmer, C. 2018. She has her Mother's Laugh. New York: Penguin Random House.

Participants will earn 3 CPD points for this course.

### MAKING FRIENDS OF ANCIENT FOES: WHAT BIOARCHAEOLOGY AND ANCIENT DNA CAN TEACH US ABOUT DISEASE IN THE PAST

Dr Tessa Campbell, assistant curator, bioarchaeologist, palaeomicrobiologist, Iziko South African Museum

Monday 23—Tuesday 24 January ■ 3.00 pm ■ COURSE FEES R220

The Covid-19 pandemic has shown the enormous and multifaceted impact disease can have on our lives. While Covid-19 is new to our species, we have a much longer history with some of our other pathogens. The antiquity and nature of these relationships, as well as their impact on past populations are not always well understood. We can investigate these questions using multiple tools that include the historical literature, bioarchaeology and ancient DNA. This course will explore how we use these tools to trace the emergence, spread and evolution of three diseases — tuberculosis, leprosy and brucellosis — in a global and local context.

### Lecture titles

- 1. Why and how do we study ancient pathogens
- 2. Insights into ancient tuberculosis, leprosy and brucellosis

### UNDERSTANDING AND MANAGING DEMENTIA

Associate Professor Marguerite Schneider, Roxanne Jacobs, University of Cape Town; Dr Rayne Stroebel, GERATEC; Siphokazi Sompeta, Ikamva Labantu

Monday 16-Tuesday 17 January ■ 11.15 am ■ COURSE FEES R220

Dementia is major cause of disability amongst older persons worldwide, with those sixty-five years and older being most at risk. With a worldwide increase in longevity and aging populations, dementia is expected to increase, becoming a global public health concern especially for low- and middle-income countries where poor service provision, health systems and care systems are threatening the quality of life for persons living with dementia and their families. In the first lecture we present findings from the recent study — *Strengthening responses to dementia in developing countries* — that provide a macro perspective of the current situation of dementia care in South Africa. We contextualise these South African findings within a global context. The second lecture takes a more practical and individual person approach where we consider cultural aspects, well-being in dementia, communication strategies and seeing the person behind the diagnosis.

### Lecture titles

- 1. Dementia care
- 2. Understanding the person living with dementia

### Recommended reading

Jacobs, R. et al. 2022. 'Stigma and its implications for dementia in South Africa: A multi-stakeholder exploratory study'. Ageing & Society. https://doi.org/10.1017/S0144686X2200040X

Farina, N. et al. 2022. 'Description of the cross-cultural process adopted in the STRIDE (Strengthening Responses to dementia in Developing countries) program: A methodological overview'. *Diagnosis, Assessment & Disease Monitoring*. https://doi.org/10.1002/dad2.12293

De Jager, C., Msemburi, W., Pepper, K. and Combrinck, M. 2017. Dementia Prevalence in a Rural Region of South Africa: A Cross-Sectional Community Study. *Journal of Alzheimer's Disease*, 60(3), 1087–96.

De Vries, K. 2013. Communicating with older people with dementia. Nursing Older People. 25(4), 30–37.

Rahman, S. and Swaffer, K. 2018. Assets-based approaches and dementia-friendly communities. *Dementia*, 17(2), 131–137. https://doi.org/10.1177/1471301217751533

▶ Participants will earn 2 CPD points for this course.

### **FUNCTIONAL MEDICINE AND NUTRITION THERAPY**

Giovanni Battista Nusca, functional medicine nutritionist

Friday 13 January ■ 1.00 pm ■ COURSE FEES R110

Chronic diseases have reached pandemic proportions over the past four decades. It is estimated that globally nearly forty-one million people die yearly from complications related to chronic diseases. These are largely preventable lifestyle-related maladies, which makes this arguably the greatest tragedy of our time.

Functional medicine is an evidence-based tool conceived by medical doctors as the solution to conventional medicine's inability to treat and prevent chronic diseases successfully. It is patient-centred and focuses on the root cause of diseases. It relies heavily on the latest research to determine the aetiology of disease manifestation and considers factors such as lifestyle, medical history, medications, genetics, anthropometrics and blood work to determine the best treatment.

This lecture will discuss the role nutrition therapy plays in the natural healing process.

### Recommended reading

Noland, D., Drisko, J.A. and Wagner, L. 2020. *Integrative and Functional Medical Nutrition therapy: Principles and practices*. New York: Springer International Publishing.

Mahan, L.K. and Raymond, J.L. 2017. *Krause's Food and the Nutrition Care Process*. Amsterdam: Elsevier. Gropper, S.S., Smith, J.L. and Carr, T.P. 2022. *Advanced nutrition and human metabolism*. Boston: Cengage Learning.

Beidelschies, M. et al. 2019. Association of the functional medicine model of care with patient-reported health-related quality-of-life outcomes. *JAMA Network Open*, 2(10).

### NO PAIN, NO BRAIN

Professor Romy Parker, Department of Anaesthesia and Perioperative Medicine, University of Cape Town

Monday 16—Tuesday 17 January ■ 9.15 am ■ COURSE FEES R220

What is pain? In this course we will unpack a modern understanding of pain and how it is managed. In the first lecture participants will be invited to consider how they have felt pain in their own lives to provide insight into the complex sensory emotion that is pain. The idea that pain is a conscious, life-saving construct of the brain will be explored. In the second lecture we will explore some of the novel non-pharmacological treatments that can be used to treat complex chronic pain conditions including phantom limb pain, and chronic widespread pain.

### Lecture titles

- 1. Pain: what is it?
- 2. Pain: what can we do about it?

### Recommended reading

Moseley, G.L. 2007. *Painful Yarns: metaphors and stories to help understand the biology of pain*. Canberra: Dancing Giraffe Press.

Kamerman, P.R. et al. 2020. Almost 1 in 5 South African adults have chronic pain: a prevalence study conducted in a large nationally representative sample. *Pain*.161(7):1629–1635. <a href="https://journals.lww.com/pain/">https://journals.lww.com/pain/</a> Abstract/2020/07000/Almost 1 in 5 South African adults have chronic.19.aspx

Ernstzen, D. et al. 2022. 'So, you must understand that that group changed everything.'. Perspectives on a Telehealth group intervention for individuals with chronic pain. *BMC Musculoskelet Disord*. 23, 538. https://doi.org/10.1186/s12891-022-05467-7

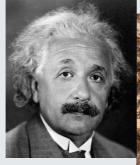
Participants will earn 2 CPD points for this course.

## Science













### **ENCOUNTERS WITH TABLE MOUNTAIN AND THE HISTORY OF GEOLOGY**

Emeritus Professor John Compton, University of Cape Town

Monday 9—Friday 13 January ■ 11.15 am ■ COURSE FEES R550

Table Mountain is hard to avoid, a massive block of rock towering a kilometre above sea level. Many who encountered this rocky massif, either from a distance or in climbing to the table top, thought enough about it to record their impressions. This course outlines the chronology of how people experienced Table Mountain and speculated on its origins. With writings that go back over five hundred years to the early Portuguese explorers, it is possible to trace the evolution of how we feel and think about mountains, and our scientific understanding of Earth. We went from fearing and loathing mountains, to embracing them as an escape back to nature and a source of inspiration. We also increasingly took notice of the rocks that made up the landscape and started to propose origin stories that gradually evolved into our current understanding of how Earth works, the science of geology.

### Lecture titles

- 1. Mountains of the mind
- 2. Reading Earth's ancient history
- 3. Neptunists vs Plutonists, the Sea Point contact and the birth of geology
- 4. Adventure, escape and renewal
- 5. Earth moves: plate tectonics

### **Recommended reading**

Compton, J.S. 2021. West Coast: A Natural History. Cape Town: Earthspun Books.

Compton, J.S. 2023. Visions of Earth: Encounters with Table Mountain and the history of geology. Cape Town: Earthspun Books (to be published in early 2023).

### NOR ANY DROP TO DRINK? WATER POLLUTION IN TODAY'S WORLD

Professor Jenny Day, University of Cape Town

Monday 16—Friday 20 January ■ 5.00 pm ■ COURSE FEES R550

Human beings are better at creating new stuff than at cleaning up after themselves. We make new chemicals that we pour onto plants and soils, and into ourselves, little thinking about what happens to them when they land up in our rivers and wetlands, or in the sea. We are beginning to realise, though, that many of these substances are a death warrant for the fishes in the sea, the birds of the air and the animals on land, including ourselves. These lectures will paint a picture of the unintended consequences of humankind's love affair with chemicals, from Doom to deodorants, and from petrol to plastic. Two of the many challenges of the coming decades will be to choose wisely which chemicals to use, and how to decontaminate the Earth from some very nasty substances.

### Lecture titles

- 1. What is pollution?
- 2. How nature deals with poo
- 3. CECs: contaminants of emerging concern
- 4. The 'feminisation of nature': endocrine-disrupting compounds
- 5. Plastic pollution

### Recommended reading

Dallas, H.F. and Day, J.A. 2004. The effects of water quality variables on aquatic ecosystems: a review. Water Research Commission Technical Report no. TT 224/04. Pretoria.

Day, J.A. and Davies, B.R. Chapter 7 in *Vanishing Waters* 3rd ed. In Press. Water Research Commission, South Africa.

Gore, A.C. et al. 2015. EDC-2: The Endocrine Society's Second Scientific Statement on Endocrine-Disrupting Chemicals. *Endocrine Reviews* 36: E1-E150. https://pubmed.ncbi.nlm.nih.gov/26544531/

https://www.usgs.gov/mission-areas/water-resources/science/emerging-contaminants

### WATER FOR CAPE TOWN: 370 YEARS OF 'NOT QUITE ENOUGH'

Professor Jenny Day, University of Cape Town

Thursday 26 January ■ 1.00 pm ■ COURSE FEES R110

Cape Town's settled population has always grown faster than its water supplies. From the Governor's cry in 1663 for all hands to build a reservoir, through agitation for more water in the 1700s, and again in the 1800s, and again in the 1900s, Cape Town's city managers have fought against drought. Sometimes their efforts have resulted in decades of abundance of water but in other times, the city has come perilously close to Day Zero. This lecture is set against the unlikely stories of the perils of navigating the streets of the city at night to an aeronautical calamity, and an exploding Adderley Street.

### Recommended reading

Brown, C.A. and Magoba, R. 2008. Rivers and wetlands of Cape Town: caring for our rich aquatic heritage. South African Water Research Commission Technical report TT376/08 (available at: www.wrc.org.za).

### IN THE AFTERMATH OF EXTINCTIONS

Professor Anusuya Chinsamy-Turan, Department of Biological Sciences, University of Cape Town

Monday 23—Friday 27 January ■ 9.15 am ■ Saturday 28 January ■ 10.00 am COURSE FEES R660

In this six-lecture course we will travel back in time to some catastrophic periods when more than 75% of life on Earth went extinct. There were five of these so-called mass extinction events that occurred in the 3.8 billion years of Earth history, and we are currently living amidst the sixth extinction. For each of these events, we will touch on the extinction event and what went extinct, but our main focus will be on the survivors of each extinction event, and how they radiated in the changed world. The final lecture will focus on the current crisis that biodiversity is facing, and we will talk about predictions about what might happen in the wake of the sixth extinction.

### Lecture titles

- 1. Survivors of the first mass extinction event
- 2. In the aftermath of the Devonian crisis
- 3. Recovery after the biggest mass extinction event of all time
- 4. The rise of the dinosaurs
- 5. The beginning of the age of the mammals
- 6. The sixth extinction: what happens next?

### Recommended reading

Chinsamy-Turan, A. 2014. *Fossils for Africa*. South Africa: Cambridge University Press. Chinsamy-Turan, A. 2021. *Dinosaurs of Africa*. South Africa: Penguin Random House. Chinsamy-Turan, A. 2021. *Dinosaurs and other prehistoric life*. South Africa: Dorling Kinderslev.

### ASTRONOMY HIGHLIGHTS WITH THE MEERKAT RADIO TELESCOPE

Dr Itumeleng Monageng, Associate Professor Sarah Blythe, Professor Patrick Woudt, University of Cape Town

Wednesday 18—Friday 20 January ■ 9.15 am ■ COURSE FEES R330

This course will showcase some of the spectacular astronomical results from the MeerKAT radio telescope. MeerKAT is a precursor to the Square Kilometre Array (SKA) and has been operational since July 2018. The course will discuss MeerKAT's capabilities and present some of the interesting findings from the telescope. The first lecture will take us on a journey through the evolution of stars and give insights on some of the most explosive events in the Universe. The second lecture will focus on the science of galaxies and shed light on some of the largest structures in the Universe. In the final lecture we will learn about the connection between MeerKAT and MeerLICHT, a robotic optical telescope that is dedicated to observe the same region of the sky as MeerKAT.

### Lecture titles

- 2. The science of galaxies with MeerKAT Associate Professor Sarah Blyth
- 3. MeerLICHT: an optical view of the radio sky Professor Patrick Wouldt

### SEEING BLACK HOLES WITH AN EARTH-SIZED TELESCOPE

Professor Roger Deane, University of the Witwatersrand

Wednesday 25 January ■ 5.00 pm ■ COURSE FEES R110

This lecture describes how we take photographs of black holes and the scientific importance thereof. It will include an introduction to black holes and how we are able to see objects from which nothing, including light, can escape. It will describe how a global team and array of antennas are synthesised together to form the single Earth-sized telescope required to capture these images, the so-called Event Horizon Telescope (EHT). We will explore the two black holes that had been imaged so far — one 55 million light years away, the other at the centre of our Milky Way — and how they can be used to test Einstein's General Theory of Relativity. We will also compare and contrast the EHT with other major observatories like the recently launched James Webb Space Telescope and the Square Kilometre Array, and what they are uncovering about the Universe. The lecture closes with a look at how EHT antennas in carefully selected locations in southern Africa could make unique and critical contributions to this new black hole imaging enterprise, enabling increasingly high precision tests of gravity over the course of the next decade.

### Recommended reading and viewing

Thorne, K., 1995. Black holes and Time Warps. New York: WW Norton & Co.

Thorne, K., 2018. The Science of Interstellar. New York: WW Norton & Co.

Overbye, D. 2019. Darkness Visible, Finally: Astronomers Capture First Ever Image of a Black Hole. New York, New York Times. https://www.nytimes.com/2019/04/10/science/black-hole-picture.html

The Event Horizon Telescope Collaboration. 2019. First M87 Event Horizon Telescope results. I. The shadow of the supermassive black hole. The Astrophysical Journal Letters. IOP Publishing, Volume 875, L1.

The Event Horizon Telescope Collaboration. 2022. First Sagittarius A\* Event Horizon Telescope Results. I. The

Shadow of the Supermassive Black Hole in the Center of the Milky Way. The Astrophysical Journal Letters.

IOP Publishing. Volume 930, L12.

Film documentary: Black Holes, the Edge of All We Know. <a href="https://www.blackholefilm.com">https://www.blackholefilm.com</a>
Journey to our own black hole, Sagittarius A. Scroll down to this link (there is a download button below the video).

### INSIDE SCHRODINGER'S CAT

Rob Louw, lecturer

Wednesday 11—Friday 13 January ■ 11.15 am ■ COURSE FEES R330

This course will explore the world of the very, very small. Although Albert Einstein was awarded the Nobel prize for his research into the photoelectric effect which confirmed the quantum nature of light, he remained sceptical about the explanations his fellow physicists developed to explain quantum phenomena. He famously said, 'God does not play with dice' and called quantum entanglement 'spooky action at a distance'. Together with Erwin Schrodinger they developed a thought experiment to illustrate the paradox of quantum superposition called Schrodinger's cat. In this experiment a cat can simultaneously be both dead and alive. We will search inside some of the ideas and experiments that Einstein and others grappled with. Real hands-on experiments will be included in the course.

### Lecture titles

- 1. The physicists who uncovered the secrets of the quantum world
- 2. A simple explanation of key quantum phenomena
- 3. Practical illustrations and demonstrations of quantum phenomena

### Films related to the course will be shown from 1.00–2.00 pm on the following dates:

11 January: Interference and the Mach Zender Interferometer

12 January: Qubits and Quantum Entanglement

Please note that these lectures will be repeated for learners on Saturday 21 January from 9.00 am to 12.00 pm.

### LET'S GO TRACKING IN THE JURASSIC: FOSSIL FOOTPRINTS OF SOUTHERN AFRICA

Associate Professor Emese Bordy, Department of Geological Sciences, University of Cape Town

Tuesday 10 January ■ 1.00 pm ■ COURSE FEES R110

The Karoo's world-famous rocks provide a record of environmental change in the deep past from land of ice during glacial conditions to a land of fire that was covered by extensive sheets of lava flows. The youngest Karoo rocks are Jurassic and document the early evolution of dinosaurs and mammals in the form of skeletal remains and trace fossils, ichnofossils. These include trails, footprints, trackways and burrows of animals, which are essentially the petrified behaviour of an organism. The exceptional diversity of Jurassic fossils allows not only the identification of unique prehistoric animals, but also a rare insight into the intricate behaviour of ancient animal communities that lived in the Karoo around 200 million years ago.

This lecture will show how simple, but meticulous field observations of rock features can be powerful in reconstructing the behaviour and living conditions of long-gone creatures, including some of the renowned dinosaurs of southern Africa.

### **Recommended reading**

McCarthy, T. and Rubidge, B. 2005. *The Story of Earth and Life — A South African Perspective on a 4.6 Billion Year Journey*. Cape Town: Struik.

MacRae, C. 1999. Life etched in stone: fossils of South Africa. Johannesburg: Geological Society of South Africa.

### WHERE DEATH DELIGHTS IN HELPING THE LIVING

Dr lekram Alli, forensic pathologist, Division of Forensic Medicine, University of Cape Town

Monday 23—Wednesday 25 January ■ 1.00 pm ■ COURSE FEES R330

The course will explore the medicine, science and law related to the investigation of death and crime. It will discuss pathology, toxicology, anthropology and odontology. The lectures will explain the scientific aspects and misconceptions about forensics that are portrayed in the media and gain an understanding of how forensic sciences in the real world differ from the forensic sciences in fictional depictions. The lectures will discuss the work and role of the forensic pathologist, what happens at an autopsy, forensic pathology cases, forensic odontology, and clinical forensic medicine. There will also be a discussion on the relationship between the forensic sciences and the law. Participants will learn about the methods and principals of forensic investigations and how forensic science can be applied in criminal investigations.

### Lecture titles

- 1. We speak for the dead
- 2. Love your teeth
- 3. Humanity's bad behaviour

### **Recommended reading**

Houck, M.M. and Siegel, J.A. 2015. Fundamentals of Forensic Science. London: Academic Press.
 Prahlow, J.A. and Byard, R.W. 2012. Atlas of Forensic Pathology. New York: Springer.
 Siegel, J.A., Knupfer, G.C. and Saukko, P.J. 2000. Encyclopedia of Forensic Sciences. Amsterdam: Elsevier Science.

Participants will earn 3 CPD points for this course.

### CAPE TOWN'S RIVERS AND WETLANDS: FIELD TRIP

Professor Jenny Day, University of Cape Town

Saturday 4 February ■ 9.45 am-4.00 pm ■ COURSE FEES R350 Maximum number of participants 24

Traveling by bus, participants will visit a number of Cape Town's rivers and wetlands, looking at some historical sites and then doing a circular tour visiting the Diep River, Rietvlei, Milnerton lagoon, the Edith Stephens Wetland Park, the Liesbeek River, Rondevlei, Zeekoevlei and Zandvlei. En route we will discuss the changes that have taken place in our rivers and wetlands over the decades.

### Recommended reading

Brown, C.A. and Magoba, R. 2008. Rivers and wetlands of Cape Town: caring for our rich aquatic heritage. South African Water Research Commission Technical report TT376/08 (available at: www.wrc.org.za).

Participants will meet at the Summer School office, Kramer Law Building, at 9.45 am to be in time to depart by bus at 10.00.

Please bring a packed lunch and drinks.

### WEST COAST FOSSIL PARK: EXCURSION

Pippa Haarhoff, manager, West Coast Fossil Park; Deon van Eeden, director, Vula Environmental Services

Saturday 21 January ■ 11.00 am-3.30 pm ■ COURSE FEES R300 Maximum number of participants 30

This guided walking tour to the open dig site at the park will take participants to one of the few places where it is possible to see fossils in the ground exactly as they were buried in a catastrophic flood event between 2.5 and 10 million years ago. Fossils found on this site include short-necked giraffes, whales, seals and hippos.

Participants will learn about the background linked to the origin of the park on what was a phosphate mine and the establishment of the Fossil Park as a Public Trust. Thereafter it will be shown how the park has become a hub for the conservation and rehabilitation of the Strandveld ecosystem, and how this knowledge has been applied in developing best practice for open cast mining along the west coast.

### **Recommended reading**

Hendey, Q.B. 1982. Langebaanweg. A Record of Past Life. Cape Town: South African Museum. Van Eeden, J.D., Lubke, R.E. and Haarhoff, P.J. 2007. Return of Natural, Social and Financial Capital to the Hole left by Mining. Restoring Natural Capital: Science, Business, and Practice. Edited by: Aronson, J., Milton S.J., and Blignaut, J.N. Washington: Island Press.

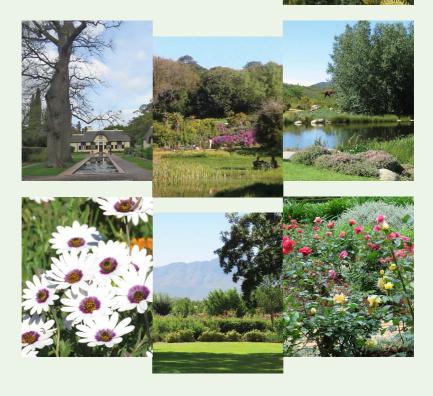
Participants meet at the Fossil Park at 10.45 am in time for the start of the excursion at 11.00 am.

Participants may bring their own picnic lunches or support the excellent restaurant run by the West Coast Chef School.

Please wear good walking shoes and bring a hat.



## Conservation Nature



### EXTRAORDINARY GARDENS FROM AROUND THE WORLD

Margaret Abbott, volunteer garden lecturer and tour guide

Monday 16-Wednesday 18 January ■ 1.00 pm ■ COURSE FEES R330

This course will explore a number of unusual gardens, horticultural practices and motifs as well as several specific plants that have captured the world's imagination. The lectures are intended to be 'gardentainment' and will be richly illustrated with many slides, but will also include the history, backstories and details that make the genre of gardens so compelling. We will look at the long romantic history of the rose and her many suitors, explore the macabre practice of bonsai and its first cousin topiary, and then will examine the madness of orchids, their astonishing variety and reach, as well as some of the intrepid explorers who risked their lives to find them.

### Lecture titles

- 1. The rose and her many suitors
- 2. Torture and disfigurement in the plant kingdom
- 3. The madness of orchids

### KIRSTENBOSCH NATIONAL BOTANICAL GARDEN: A JOURNEY THROUGH 110 YEARS

Werner Voigt, curator, Kirstenbosch National Botanical Garden

Friday 27 January ■ 1.00 pm ■ COURSE FEES R110

In 2023 Kirstenbosch will celebrate a hundred and ten years as South Africa's flagship national botanical garden. Apart from being mandated with the conservation of biodiversity, Kirstenbosch continues to contribute to the ever-evolving understanding, enjoyment, sustainable use, and appreciation of southern Africa's exceptionally rich flora and fauna. Since the founding of the garden in 1913, many lessons were learnt, scores of people and achievements celebrated and complex obstacles overcome. Without the ongoing support from the public, Kirstenbosch's closest partners such as the Botanical Society of South Africa, universities, conservation agencies, government bodies, international botanical gardens networks and the valuable contributions of donors, the important work of Kirstenbosch will simply not be possible. This lecture will look back on a hundred and ten years in celebration of those who continue to support Kirstenbosch in all its endeavours and in so doing assist it to remain a garden for the nation.

### **Recommended reading**

Huntley, B.J. 2013. *Kirstenbosch: The Most Beautiful Garden in Africa*. Cape Town: Struik Nature. Compton, R.H. 1965. *Kirstenbosch: Garden for a Nation*. Cape Town: Tafelberg. McCracken, D.P. 1988. *The Way to Kirstenbosch*. Cape Town: National Botanical Gardens.

### THE EVOLUTION OF A GREAT GARDEN: KIRSTENBOSCH 1913 TO 2023

Dr Gerry Adlard, coordinator: volunteer garden guides of Kirstenbosch

Saturday 4 February 10.00 am-12.00pm COURSE FEE R150 plus Kirstenbosch entrance fee Maximum number of participants 60

This guided walk complements the lecture that celebrates the hundred and tenth anniversary of the founding of Kirstenbosch National Botanical Garden. Participants will follow the steps that were taken to locate, plan and develop the garden – giving attention to the founding principles, design criteria, challenges and milestones, as well as to the people who made it the world's premier indigenous botanical garden. The route will begin where it all began, and lead into the Matthews rockery, through the dell and the cycad amphitheatre and then up to study the proteas and ericas. The history, recent improvements and some current plans will be revealed along the way. Four garden guides will each take a maximum of 15 participants on the two-hour tour.

### Recommended reading

Huntley, B.J. 2013. Kirstenbosch: The Most Beautiful Garden in Africa. Cape Town: Struik Nature. Compton, R.H. 1965. Kirstenbosch: Garden for a Nation. Cape Town: Tafelberg. McCracken, D.P. 1988. The Way to Kirstenbosch. Cape Town: National Botanical Gardens.

Entrance fees to the garden vary for those who are not members of the Botanical Society (Botanical Society members do not pay the entrance fee).

Information about the fees can be obtained and tickets purchased from Webtickets or at Kirstenbosch.

Participants will be met by the guides at Gate 1 (where the Visitor Centre is).



# Information Technology



### **GENIUSES AND GEEKS: A HISTORY OF THE DIGITAL REVOLUTION**

Victor Rezmovic, Montgomery College, Information Technology Institute, USA

Monday 9-Friday 13 January ■ 5.00 pm ■ COURSE FEES R500

The personal computer and the Internet are among the most important innovations of our era. But few people know the names and events that contributed to these innovations during the last two hundred years. In 2014 Walter Isaacson published *The Innovators* in which he covered the events that produced contemporary computer technology. This five-lecture course will cover the major events and individuals that have produced that technology. The course will follow Isaacson's timeline and supplement his narrative with additional details on the historical events of significant moments that brought us to the present.

Our journey through history begins with Charles Babbage and Ada Lovelace who first introduced the Analytical Engine and the idea of writing a computer programme. These ideas did not see much progression until World War II when the Enigma Code was broken at Bletchley Park and Alan Turing raised the question of whether a computer can think? World War II also led to the development of large computers such as ENIAC, which was a large mainframe used primarily for advanced calculations. The advances of the last fifty years were primarily due to the development of the integrated circuit and the spread of personal computers. In 1969 the American Military developed ARPANET which laid the foundations of the Internet. Today the Internet and the cloud reach into a significant portion of our working and personal lives.

### Lecture titles

- 1. The Industrial Revolution and the Analytical Engine
- 2. Can a computer think, and the development of large mainframe computing
- 3. Bill Gates, Steve Jobs, and the personal computer
- 4. Worldwide connectivity: the invention of the Internet
- 5. Cloud computing and the Internet of things

Course notes will be provided.

Please note that this lecture will be livestreamed into the lecture theatre in the Kramer Law Building; the lecturer will not be presenting in person. A lower fee applies.

### CLOUD TECHNOLOGIES THAT ARE CHANGING OUR WORLD TODAY

Veliswa Boya, developer advocate

Friday 27 January 1.00 pm COURSE FEES R110

Cloud-based technologies were pioneered more than fifteen years ago and today we are seeing cloud infrastructure all around us — and even in space. The cloud has allowed what was once science fiction to become science fact. Models and techniques in the artificial intelligence (AI) and machine learning (ML) realm have improved dramatically. Data has become abundant, and our ability to make sense of it has become practically automatic. AI/ML and data processing are just some of the technologies supported by the cloud today. None of these technologies is replacing humans, merely augmenting how we engage with the world. Supported by the cloud, the world of technology will continue to revolutionise the world around us and beyond. In this lecture we will look at the what and how of the cloud supported technologies that are set to change the world in 2023 and beyond.

### Recommended reading

Diamandis, P.H. and Kotler, S.J. 2020. *The Future Is Faster Than You Think*. New York: Simon & Schuster. Weill, P. and Woerner, S.L. 2018. *What's your digital business model?* Boston: Harvard Business Review Press. Redmond, E. 2021. *Deep Tech: Demistifying the Breakthrough Technologies That Will Revolutionize Everything*. Deep Tech Press.

onder yon (sando) n. 2. sleeping mat; b onder yon (sando) n. 4. hammer andula v. make a start; start first andulea v. preede others; pioner andulo (amandulo) n. 3. pl. ancie tumandulo) n. 3. pl. ancie tumandulo) n. 2. origin; commen cumandulo) n. 2. origin; commen cumandulo n. 3. origin; commen cumandulo

enough for; become satisfied
anga v. kiss
-angeo (isangeo) n. 4. sweetheart
(female)
-ango (ulwango) n. 6. kiss
-angea (isangea) n. 4. circle: halo:

cyclone
-antya (isantya) n. 4. speed, velocity
-anuse (isanuse) n. 4. witchdoctor wh
smells out wizards
anya v. such

anyela v. suck in place of another;supplant; outdo anyisa v. suckle; nurse a baby -anyisikazi (umanyisikazi) n. I. wet nurse -anzi (amanzi) n. 3. pl. water -aphetha (isaphetha) n. 4. bow for

shooting arrows
apha (lapha after a prefix) adv. here
apho (lapho after a prefix) adv. the
(near you)
aphuka v. get broken

aphuka v. get broken
aphula v. break a thing
-aphulo (ulwaphulo) n. 6. breaking, de
struction

# Practical Course Cou















### 'LIFE IS NOT STILL': LET'S BRING STILL-LIFE BACK TO LIFE

Debbie Field, artist and art teacher

Monday 16—Friday 20 January ■ 9.30 am—12.30 pm ■ COURSE FEES R3 080 Maximum number of participants 20

This practical art course will offer ways to confer a contemporary, exploratory take on a time-honoured, traditional subject matter for painting.

In this five-day course we will:

- Find inspiration from current still-life artists.
- Learn how to set up, light and compose an expressive, personal still-life as subject matter for our own paintings.
- Explore a range of techniques to create still-life paintings that are personal and engaging, using collage, drawing and paint.
- Push some boundaries in our own understanding of what a still-life painting can be expand this concept, and break away from traditional ideas, bringing personality, passion, and a dash of the unexpected to enliven and resuscitate the good old Nature Morte.

A list of materials will be supplied on registration.

This course will be delivered via Zoom. Participants will receive a link upon registration.

### THE JOY OF DRAWING: A COURSE FOR BEGINNERS

Jill Joubert, artist and art teacher

Monday 23—Friday 27 January ■ 9.30 am—12.30 pm ■ COURSE FEES R3 080

Venue Classroom 3A, Centlivres Building, University Avenue, Upper Campus, University of Cape Town

Maximum number of participants 20

This course will provide step-by-step practical guidance in drawing for beginners, using a variety of materials, formats and styles. Each day will be dedicated to a different subject matter, building on a range of basic drawing techniques.

### Session titles

- Exploring pencils: playing with text using line, shape, tone and texture and applying these to creating a
  foolproof abstract composition in pencil.
- Creating with fine liners and ball point pen: exploring line contours, observation and startling quick sketches.
- Space and composition: developing simple collage compositions into observational drawing using the grid.
- 4. Observing from life: learning how to look and to draw what you actually see.
- Drawing myself: observational drawing using blind contour and continuous line into a proportioned self portrait.

A list of materials will be supplied on registration.

Please bring refreshments should you so wish.

### INTRODUCTION TO BOTANICAL PAINTING

Willie Schlechter, visual artist and art teacher

Monday 9–Friday 13 January ■ 9.30 am—12.30 pm ■ COURSE FEES R3 080

Venue Classroom 3A, Centlivres Building, University Avenue, Upper Campus, University of Cape Town

Maximum number of participants 20

This course will explore different techniques and mediums used in traditional botanical illustration. It will focus on the accurate drawing of plant material, the application of tonal values and the mixing and layering of watercolour paint. Participants will also investigate formal art principles such as proportion, composition, and space and depth. Step-by-step practical exercises will guide participants through different stages of watercolour painting, including the application of the medium in layers, adding texture and three-dimensionality to the final painting with dry brush and neutral tints to achieve a final, fairly accurate representation of the subject.

A list of materials will be supplied on registration.

Please bring refreshments should you so wish.

### INTRODUCTION TO TRADITIONAL ARABIC CALLIGRAPHY

Widad Sirkhotte and Zulfar Tofie Samodien, Arabic calligraphers

Wednesday 11—Friday 13 January ■ 9.30 am—12.30 pm ■ COURSE FEES R3 295

Venue Classroom 3B, Centlivres Building, University Avenue, Upper Campus, University of Cape Town

Maximum number of participants 20

Traditional Arabic calligraphy is more than just writing beautifully. It is used to preserve and teach knowledge, to glorify and connect to the Divine, and as a process to refine our characters. In this introductory course participants will get a glimpse of what this art and practice entails, from both a theoretical and practical experience. For the practical component, participants will work through exercises and be assigned an art project that will be completed during the course. There will be an overview of the history, process, measurement system and tools used in Arabic calligraphy as well as the preparation of calligraphy tools. Throughout the participants will receive guidance and have the opportunity to reflect upon their work and progress.

This course is open to all over the age of 16 and has no requirements.

Materials will be supplied on the first day of the course and are included in the course fee.

Please bring refreshments should you so wish.

### ISIXHOSA COMMUNICATION SKILLS FOR BEGINNERS

Nolubabalo Tyam, language practitioner and lecturer, Centre for Higher Education Development, University of Cape Town

Monday 9—Friday 27 January ■ 6.00 pm—7.30 pm ■ COURSE FEES R2 836 Maximum number of participants 20

The online course is designed to enable participants to engage with people who speak isiXhosa and to learn how to approach them so that they can communicate successfully. It will allow participants to develop basic isiXhosa vocabulary and grammatical structures and to construct basic conversation such as greetings, introducing yourself, asking for and giving information, making requests and describing your work or study situations. Specific areas of focus will be listening, speaking, reading and writing. Participants will have the opportunity to practise speaking isiXhosa daily in structured conversations with their peers. Participants will also be required to present information to the class using their acquired isiXhosa skills. The course entails a balance between communicative and intercultural competence. It will introduce participants to aspects such as intercultural knowledge and understanding of African philosophy and ubuntu.

The course fee includes all course materials. A study manual will be provided via PDF.

This course will be delivered via MS Teams. Participants will receive a link upon registration.

### LEARN FRENCH WITH MADAME WILLIAMS

Monday 9—Friday 27 January ■ 6.00 pm—7.30 pm ■ COURSE FEES R2 836 Maximum number of participants 20

Join Madame Williams for three weeks of daily instruction in conversational French. Delivered online in a small group setting, participants will receive notes and practice activities following each interactive session. Communication and participation information will be provided by email.

Madame Williams, an award-winning educator with over forty years of teaching experience, was born in Paris and graduated from the Sorbonne. For many years she taught at secondary school level and at university, and has worked with language learners of all ages. She has received numerous awards, including the Palmes Académiques from the French government for her teaching.

Suitable for beginners, this course is available to anyone anywhere in South Africa — or the world.

This course will be delivered via Zoom. Participants will receive a link upon registration.

### PORTUGUESE FOR BEGINNERS

Gina Maria Fernandes Brazier, teaching assistant, Portuguese Department, School of Languages and Literatures, University of Cape Town

Monday 9—Friday 27 January ■ 6.00 pm—7.30 pm ■ COURSE FEES R2 836 Maximum number of participants 20

This online course is aimed at teaching participants with no prior knowledge of the Portuguese language how to understand and speak Portuguese at a basic level. The course will cover grammar and conversation, and will be interactive. Upon completion of the course participants will have a basic understanding of the Portuguese language and would have built up a vocabulary and grammar to be able to communicate in everyday conversation. This short course forms the basis of further studies in the Portuguese language.

Course materials will be provided.

This course will be delivered via MS Teams. Participants will receive a link upon registration.

### ITALIAN FOR BEGINNERS

Chiara Ronchetti, lecturer

Monday 9-Friday 27 January ■ 6.00 pm-7.30 pm ■ COURSE FEES R2 836 Maximum number of participants 20

This course is designed to teach participants with no prior knowledge of Italian how to understand and speak the language at a basic level. Participants will receive a grounding in Italian grammar and conversation, both of which aspects of language will be covered in each session, with class participation an important element. Homework tasks will be assigned each day and require time set aside for completion. At the end of the course participants should be able to communicate in everyday situations and enjoy access to a challenging and rewarding language. They will also have acquired the essential elements to enable further study.

Participants can acquire Alwena Lamping's *Talk: Italian Grammar*, although it is not essential. Course materials will be provided via PDF.

This course will be delivered via Zoom. Participants will receive a link upon registration.

### **CONNECTION: A SHORT COURSE IN POETRY WRITING**

Dr Finuala Dowling, poet and novelist

Monday 16—Friday 20 January ■ 10.00 am—12.00 pm ■ COURSE FEES R1 500 Maximum number of participants 20

The most striking and memorable thing about a poem is often the unexpected connection it makes between two things that are otherwise not alike. This course guides participants through the poetic possibilities provided by metaphor, simile, symbol and image. Participants will develop their ability to make the kind of connections that underpin great poems.

### **Session titles**

- 1. Songs and extended metaphors
- 2. Birds and spiders
- 3. Love in all its forms
- 4. Suffering and death
- 5. Review of outstanding connections

This course will be delivered via Zoom. The link will be provided upon registration.

### TURN YOUR WRITING DREAMS INTO REALITY

Sally Cranswick, author

Monday 9—Friday 13 January ■ 10.00 am—12.00 pm ■ COURSE FEES R1 500 Maximum number of participants 20

Let's make 2023 the year you give yourself permission to create that memoir, novel, play, short story collection or diary that you've been promising to write 'one day'. During this series of five daily sessions, we will look at writers and creative people we love, and discuss ways to unblock ourselves and get our writing dreams onto the page. The aim is to have creative fun together and write a lot whilst finding a way forward with our writing dreams.

### Session titles

- Permission to write. You are a writer and it's time to write: We will explore creative ideas and write to prompts.
- 2. What do you dream of writing and what stops you from starting: We will work through a series of unblocking techniques and work on how to quieten the inner critic.
- Taking the first step and planning your project: We will use writing prompts to connect with your writer's voice and discuss how to research, inspire, interview, and open a wider creative circle around your project.
- Discipline is a ten-letter word: Tips and tricks on how to keep going through the messy middle and all the
  way to... the end.
- Igniting the muse: We will write about people we love and discuss how to find (and keep) your muse ignited, plus an invitation to share your work 'out loud'.

### Recommended reading

Smith, P. 2010. *Just Kids*. London: Bloomsbury Publishing. Lamott, A. 2020. *Bird by Bird*. Edinburgh: Canongate Publishing. McConaughey, M. 2021. *Greenlights*. London: Hachette United Kingdom. Bennet, A. 2007. *Talking Heads*. London: BBC Books.

This course will be delivered via Zoom. The link will be provided upon registration.

### **HOW TO WRITE A NOVEL**

Dr Jo-Anne Richards, writing trainer

Monday 23—Friday 27 January ■ 10.00 am—12.00 pm ■ COURSE FEES R1 500 Maximum number of participants 20

This course will introduce participants to the fundamental principles of writing fiction, from conception to execution. It will allow them to discover the process of creative fiction and how it works best. It would suit would-be and novice writers as well as more experienced practitioners hoping to be reminded of the basics, or who need a prompt to creativity. Each session will be run as a workshop-lecture, with discussion, advice and time given for writing. Feedback will be given to as many as time permits — by the end of the course every participant will have received feedback. The course will cover the elements of story and how to develop a compelling narrative and characters, immersing the reader in dramatic scenes, using point of view to create a strong voice for character, and detail to make the prose exceptional.

### Session titles

- 1. The power of want: identify the hunger which underlies all story
- 2. The forces of antagonism: build literary conflict to keep us reading
- 3. A cascade of story: create immersive and dramatic scenes
- 4. A voice to draw us in: use point of view to bring readers and characters together
- 5. All about the detail: add vivid detail to take your writing above the ordinary

This course will be delivered via MS Teams. The link will be provided upon registration.

### JOURNALLING WORKSHOP

Dianne Stewart, author, lecturer

Saturday 21 January ■ 9.30 am—12.30 pm ■ COURSE FEES R350

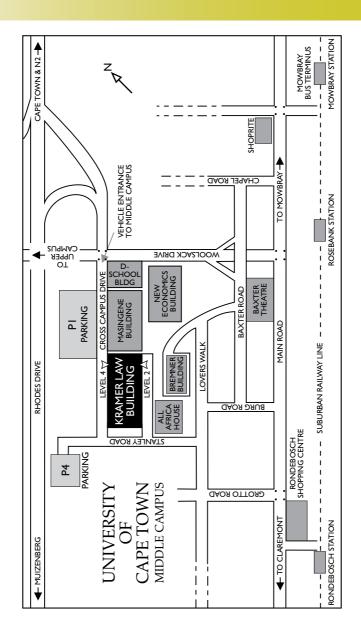
Maximum number of participants 20

'A journal is your completely unaltered voice.'
Lucy Dacus

In this three-hour workshop — part theory and part practical — participants will investigate journal writing as a seed bed for future writing projects, or as an end in itself.

A journal provides a way of documenting one's daily existence and recording the relevant facts from it, and it can function as a reference or source for future writing strategies.

This course will be delivered via MS Teams. Participants will receive a link upon registration.



### Parking and shuttle

Parking is available on Middle Campus in P1, P4, the new Economics Building parking area and in the Bremner Building parking area. A shuttle bus service is available. Contact the shuttle office: 021 685 7135.

### **EXTRA-MURAL STUDIES STAFF**

Head: Medeé Rall

Senior education specialist: Zuleiga Adams Departmental manager: Arlene Bowers Administrative officer: Fezile Kama Administrative assistant: Bronwyn Geldenhuys

### FOR ALL SUMMER SCHOOL ENQUIRIES

Phone: 021 650 2634 (office). If no reply, please Whats App 060 487 9719 (messages only)

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The Centre for Extra-Mural Studies is situated on Level 3 of the Kramer Law Building, Cross Campus Road, Middle Campus, University of Cape Town, which can be accessed from Woolsack Drive.

See map on the inside back cover.