

PROJECT PORTRAIT

De-Stigmatising the Food Queue:
Suggestions for a More Inclusive School Meal at Bridgetown High School
#168 (2014)

What is this project about?

This project came about through the request of Bridgetown High School (Western Cape). Many of the learners at the school who seem to be in need of an additional meal do not participate in the school's feeding scheme.

A *Rapid Research* study looked at what causes learners to miss the meals. By looking at experiences in similar programmes elsewhere it came up with suggestions of how this problem may be addressed.

The findings

Learners will avoid activities that label them as 'poor'. This may be avoided if:

- Teachers, as role models in the school, have the school lunch either in class or in the kitchen along with the learners;
- It is called a "lunch programme" rather than a "school feeding scheme";
- The school advertises the lunch programme as a way to create a social bond between learners from different backgrounds and not as pro-poor;
- Parents are informed about the purpose of the meal;
- The menu is culturally appropriate and advertised to learners.

The project was completed in **July 2014**.



Scholars getting a meal

To reference this Project Portrait, cite UCT Knowledge Co-op as the author. The full report by C. Kondowe & Y. Y. Illunga is posted on the Co-op website.

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The Knowledge Co-op at the University of Cape Town

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