

SURVIVOR SUPPORT GROUP WORKFLOW



SURVIVOR SUPPORT GROUP

An individual who has survived an incident of **SEXUAL VIOLENCE**



CONFIDENTIAL CASE REPORT – ONLY SURVIVORS

Creating a confidential case report does not enter into a reporting process it will be used as your confidential case file to store feedback and notes from the Survivor Support Group
<https://casereporting.uct.ac.za/ReportingPage/>

UCT STUDENT OR STAFF MEMBER

INTAKE CONSULTATION

with Survivor Support Specialist: Case Officer

INFORMATION

SSG group dynamic, therapeutic relationship, informed consent and commitment, Survivor's mental health history, Survivor's goals and needs, SSGs structure, group work vs individual counselling or therapy

EXPERIENTIAL LEARNING

Focusing on direct aspects of your trauma

THERAPIST CONFIRMATION LETTER

If the Survivor has been in therapy or currently is, the Survivor needs to discuss with their therapist if it is recommended for them to enter into an experiential based support group.

SURVIVOR SUPPORT SPECIALIST RECEIVES CONFIRMATION LETTER AND CONTACTS THERAPIST DIRECTLY FOR TELEPHONIC CONSULTATION to ensure a fully supported structure is in place for Survivor

DOCUMENTATION AND/OR TELEPHONIC CONSULTATIONS

with Therapists, Survivor and Survivor Support Specialist: Case Officer
COMPLETE (Including OIC CONFIDENTIAL CASE REPORT)

SURVIVOR MEETS REQUIREMENTS OF SSGs

SURVIVOR AGREES TO JOIN SSG and commits to minimum of NINE CONSECUTIVE SESSIONS

SURVIVOR REQUIRES MORE TIME TO CONSIDER JOINING SSG

SSG IS NOT THE TYPE OF INTERVENTION NEEDED RIGHT NOW

APPROPRIATE REFERRAL to the type of support and interventions needed for SURVIVOR

SURVIVOR'S DECISION

RE-EVALUATION

After nine weeks re-evaluate, survivors needs and decision to continue with the SSGs

NON UCT STUDENT OR STAFF MEMBER

REFERRED to UCT's partnerships with external support

SADAG

RAPE CRISIS

INDIVIDUAL COUNSELLING OR SUPPORT GROUP FOR ANXIETY, TRAUMA, PTSD & DEPRESSION

INDIVIDUAL COUNSELLING FOR SEXUAL VIOLENCE

