



UCT EDUCARE CENTRE

3-12 MONTHS REQUIREMENTS LIST



- 5 x disposables nappies per day.
- 2 x cot size sheets (to fit standard cot: 66 x 130 cm); (receiving blanket)|
- 2 x blankets (**1 for summer and 1 for winter:** these will be sent home for washing).
- Suntan lotion (SPF 20 or higher) and a cap/hat clearly marked.
- Teething powder, wet wipes, and buttocks cream / powder of your choice. These items will be kept in your child's locker. Please replenish when depleted.
- Buttocks cream/powder of your choice.
- A dummy/pacifier if your child uses one.
- 1 x boxes of 200 tissues per term
- 1 x boxes of 100 powder-free nitrile examination gloves **per term** (to be used with every nappy change).
- Wet wipes to be replenished when depleted.
- 1 spare sterilized bottle to be kept at the Centre.
- A plastic packet in the bag daily for soiled clothes.
- Copy of Road to Health booklet.
- 1 x flip file (30 pages) for portfolio.
- 6 x ID size photos.
- Routine of baby to be written up and placed in flip file.
- R300.00** fundraising levy (once-off payment).

Please keep us informed of the following:

- Your child's diet and feeding formula.
- Any specific exclusions from your child's diet (specify any sensitivities, allergies or personal preferences).
- Of any changes in your child's routine.

These will help us to attend best to his/her individual needs. When you suspect that your child is teething or experiencing any discomfort or if your child is sick, please inform the class teacher as soon as possible.

It would be helpful if you could comply with the following:

- Please provide all food and drink requirements for your child ready for consumption, except for those needing to be heated.
- Please ensure that all bottle caps, container lids and containers are clearly marked with your child's name.**
- Please provide sealed containers and bottles with caps to prevent cross-contamination.
- When your baby is teething, please supply some hard chewable e.g. rusks or rice cakes.
- We kindly request that parents and guardians please remain at the classroom door unless you are wearing disposable shoe covers that you can slip on over your shoes before entering the classroom.

Thank you.